Tax planning for you and your family

2017

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# Tax Planning for You and Your Family

## 2017

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Foreword

Many Canadians do not give much thought to how they can reduce their taxes until it’s time to file their tax returns each spring. By then, many tax saving opportunities for the year may be lost. Filing your tax return is essentially a once-a-year accounting to the government to settle up your taxes owing or refund due for the previous year — it is the tax planning steps that you take throughout each year that will save the most money at tax time and in the years to come.

In this book our tax and financial planning professionals set out the most common rules and tax planning opportunities that are currently available to individuals. A few hours invested in reading this book can pay off substantially in tax savings and in the organization of your financial affairs.

*This book cannot replace your tax adviser*

The income tax system is constantly changing. If you thought you knew the rules a couple of years ago, you may find they have been modified. We also cannot predict what changes are in store for the future. Information in this book is current to July 1, 2016, and reflects the law and publicly announced proposals for changes as of that date. Note that some tax proposals announced in the 2016 federal budget had not yet been enacted into law at the time of writing. Contact a tax professional for an update on the status of the 2016 budget measures and other tax proposals.

This book deals only in general terms. The Canadian tax system is extremely complex, far more than the book makes it appear. The details fill volumes, not a single book. If you carry on your own business, or manage a corporation, you will benefit greatly from personalized tax advice. Even if your affairs seem relatively simple, you should consult a qualified tax professional (not just a tax return preparer). You will likely find the savings far outweigh the fees.
Chapter 1

Tips for achieving your financial goals

- Create a financial plan and stick to it (1.1.1)
- Define your short-, medium- and long-term goals (1.1.1)
- Track your net worth and cash flow, and set an annual growth target (1.1.2 and 1.1.3)
- Save systematically by “paying yourself first” (1.1.3)
- Build an investment strategy that suits your unique circumstances and needs (1.1.4)
- Set benchmarks for measuring the performance of your investment portfolio and your investment manager (1.1.4)
- Contribute up to $2,500 annually to an RESP and earn a 20% government grant (1.2.1)
- Encourage your children to invest the money they earn (1.2.2)
- Think about using RRSP funds for a down payment on your first home under the Home Buyers’ Plan (1.2.3)
- Increase the frequency of your mortgage payments to reduce your mortgage interest (1.2.3)
- Plan to minimize capital gains tax on dispositions of vacation homes (1.2.4)
- Set up an emergency fund or line of credit (1.3.1)
- Make sure you have adequate insurance and a current will (1.3.2 and 1.3.3)
- Consider a power of attorney (1.3.4)
- Shop around when choosing your financial and investment advisers (1.4)

In this chapter we offer a primer on financial planning with emphasis on the impact of taxes on your ability to meet your family’s financial goals. We also point out tax planning ideas elsewhere in this book that may help you to achieve these goals. Given the importance of financial planning for your retirement, this area is discussed separately in Chapter 20.

1.1 Developing your financial plan

For many Canadians, the very idea of financial planning is mystifying. It shouldn’t be. Saving for retirement, financing your child’s education or buying a house are within the reach of most of us—the purpose of financial
planning is to clarify your objectives, set a realistic timetable for achieving them and marshal your financial resources to support your plan. Of course, the process may require changing your expectations, paring down your current lifestyle or simply prioritizing expenses and making choices. But having a sound financial plan will likely ease your financial anxiety by giving you a realistic picture of your family’s finances and a clear path for satisfying your goals.

Tax planning to manage your family’s overall tax bill should be an integral part of your family’s financial plan. The balance of this book is full of ideas about how to save taxes; the rest of this chapter is an overview of the financial planning framework in which your tax planning should take place.

1.1.1 Define your financial and lifestyle goals

Putting your dreams on paper is the first step toward realizing them. Start by setting down what you want and when you want it. If you have a spouse or domestic partner, compile your list together, compromising where necessary to make sure that you are both committed to the same objectives. You might also include your children and have them develop their own plan as a teaching exercise.

While your list should take into account your family’s well-being and future financial security, be sure to include any desired lifestyle-enhancing items like vacation homes, major renovations, luxury cars or swimming pools. If you want to take a sabbatical from work to spend time with your children or eventually start your own business, write it down. As part of this exercise, consider the discussion of building your investment strategy in 1.1.4, common financial goals in 1.2 and important financial safeguards in 1.3.

When you have completed your list, divide it into short-, medium- and long-term goals and rank them in order of priority within each section. Set down a timeframe for meeting each goal. Then do a bit of research and estimate the cost of achieving your goals, making sure to account for inflation. You may want to engage a financial planner or accountant to help you with the numbers. Don’t let the amounts overwhelm you—over time the effects of compound growth can provide significant returns on your investments.

Nevertheless, you may need to revise your list by allowing more time to achieve a certain goal or by dropping items that are beyond your means.

As time goes by, your list will serve as a guide for directing your savings and investments and as an indicator of your progress. Since your personal and financial circumstances and goals are bound to change, it is important to revisit your list once or twice a year and revise it to reflect new priorities and achievements.
1.1.2 Track your net worth

Now that you have a better idea of where you want to go, the next step is to take a snapshot of where you are financially today—your net worth. Calculating your net worth is simply a matter of adding up your total assets (what you own) and total liabilities (what you owe), and then subtracting your liabilities from your assets. The resulting figure is the springboard for most aspects of financial management and planning.

It’s also a good idea to separate your assets by ownership—whether your resources are owned by you, your spouse or jointly can help in determining potential strategies for income splitting (see Chapter 5) and estate planning (see Chapter 21).

A close look at your assets will show you whether most of your assets are personal items, such as your home or your car, or investment assets, such as savings accounts, shares and mutual funds. It should also indicate how liquid your assets are and help you determine whether your investments are sufficiently diversified to balance expected rates of return with the degree of risk you are prepared to take (see 1.1.4).

Similarly, a close look at your liabilities may indicate whether your insurance coverage is adequate (see 1.3.2) and how your debts are affecting your bottom line. As we’ll see in 7.2.3, interest incurred for personal reasons on credit cards, consumer loans and mortgages is not deductible for tax purposes, while interest on loans taken out to purchase income-generating investments or business income may be deductible. As a result, the interest on your consumer debts may cost you more than the return on your investments. Where possible, you should try to pay down your consumer debts, giving priority to those with the highest interest rates, and try to make sure that all loans you take out in the future are for a tax-deductible purpose.

Updating your net worth calculation once or twice a year is a good way to track your financial health and progress toward achieving your financial goals. For example, if you are able to increase your net worth by 8% each year, your net worth will double every nine years. Ways to increase your net worth include:

- improving the rate of return on your investments;
- investing more of your income by spending less on discretionary items and minimizing taxes; and
- reducing your debt by paying off your consumer and other high-rate loans and accelerating your mortgage and other debt payments.

1.1.3 Cash management and budgeting—the cornerstone of financial planning

The formula for accumulating the necessary funds to achieve your financial goals is no secret. Unless you expect to inherit money or win a lottery, the way to start building wealth is to save and regularly invest a portion of
your income. Through the mathematical “miracle” of compounding, your investment assets can grow exponentially over time. So the more savings you have to invest and the longer they are invested, the greater your net worth will be.

One way to increase your net worth is to gain better control over your savings and expenses with a personal or family budget. List the amounts of money you expect to receive through your pay cheque or other sources and the amounts you pay out monthly for living expenses, such as mortgage payments, groceries and entertainment. This will allow you to realistically assess your cash flow and help you prioritize your spending.

Considering this information and any non-recurring expenses, set your budget for the next month or the remainder of the year. Once your budget is set, review it regularly for reasonableness and compare your actual spending against it.

Without making lifestyle changes, there is usually little you can do about your mortgage payments, car payments and other fixed expenses. However, the exercise of preparing—and sticking to—a budget will probably reveal many opportunities to easily reduce your discretionary expenses such as travel, entertainment and gifts. For example, changing where and how you shop can reduce your expenditures. Though not required, there are plenty of excellent software packages available that can help you create and monitor your family budget.

When preparing your budget, do not simply plan to save the amount left over at the end of each month—chances are there won’t be as much left as you intended. Instead, get into the practice of saving a fixed amount of at least 10% of your income at the beginning of each month (or some other period) and using the balance for your expenses. Commonly known as the “pay yourself first” plan, this technique helps you to save systematically and to be less prone to making impulsive or needlessly expensive purchases. Although it may take you a few months to get used to having less cash readily available, you will probably be surprised at how quickly you will adjust. Consider having your financial institution automatically transfer your savings amount to a separate account, registered retirement savings plan (RRSP) (see Chapter 3) or Tax-Free Savings Account (TFSA) (see 4.1) on a monthly or other regular basis.

Once you have paid your maximum CPP/QPP and Employment Insurance premiums for the year, consider directing these amounts toward your savings or paying down debt (especially debt with non-tax deductible interest). Your take-home pay will stay the same, and you will be better off. Similarly, if you pay off a car loan, you could direct the amount of your payments to your savings.
1.1.4 Develop an appropriate investment strategy

Today’s economic realities are forcing Canadians to take care of their own financial health. Even with professional advisers, most investors should take an active interest in their investment activities.

Modern investment wisdom suggests that it’s not what you select but where you select it from. Known as “asset allocation”, this process works as well for $10,000 as it does for $1 million. Simply put, asset allocation is the process of deciding how to invest a pool of resources among a broad array of assets. The process also helps you stick to your financial plan and avoid making rash decisions as rates of return go up or down. It is typically considered the single most important part of managing a portfolio.

Asset allocation involves three decisions. The first decision entails selecting between asset classes: cash, fixed income and equities.

After that, the second decision includes determining market exposure—in many cases, you would be wise to diversify your investments geographically. Canada represents only a small portion of the world’s capitalization, and substantial investment opportunities are considered to exist beyond our borders. Most Canadians are satisfied with owning some U.S. stocks, but this usually doesn’t allow for enough diversification because the North American markets strongly influence each other. Today, global investments are available through a variety of mutual funds.

The last asset allocation decision is the currency exposure. For example, if you held U.S. funds while the U.S. currency was depreciating against the Canadian dollar, you may have realized a loss if you converted to Canadian funds at a higher rate than you purchased the U.S. funds.

“Hedging” is an investment strategy through which an investor attempts to manage the various risks in a portfolio by holding different currencies in markets that are expected to move in opposite directions. Since hedging transactions require sophisticated knowledge of global markets, many investors ignore this strategy. Many investors instead choose to achieve additional diversification by investing in a hedge fund. Investing in U.S. currency may be advantageous for Canadians with recurring U.S.-denominated expenses for travel or vacation properties located in the United States. Buying U.S. funds when the Canadian dollar is high relative to the U.S. dollar will save you money on paying future U.S. expenses when the value of the Canadian dollar declines.

Along with these three decisions, asset allocation comes in two forms: strategic and tactical. Strategic asset allocation takes a long-term view and divides a portfolio among several asset classes according to the inherent risks and rewards of each asset. Tactical allocation consists of short-term
market predictions that could last an hour or a day. This type of allocation often proves difficult because variables used in selecting the asset mix continually change and the portfolio must be adjusted to keep up with market movements. Other disadvantages may include higher fees, lack of liquidity in esoteric markets like precious metals, and the potential to misread economic signals.

While there is no perfect asset allocation for any one person, there are definitely inappropriate allocations. The following are some tips for getting the right mix.

**Determine your objectives and risk tolerance**—Before you make any investment decisions, determine your objectives and risk tolerance and decide your asset allocation. Risk tolerance is influenced by factors such as your age, your family situation and investor personality. For example, a 55-year-old with two dependent teenage children may have a dramatically different risk tolerance than an empty-nester or single person of the same age. Also, if you have a defined benefit pension plan, the amount of risk you will accept with your RRSP may differ from that of someone whose RRSP is their only retirement savings vehicle.

Risk tolerance should also reflect your ability to replace losses. A person with a high net worth may be able to weather a loss of $50,000 in the market. But for the average retiree with a fixed pension, such a loss may be devastating. Asset allocation has to be a function of your investor profile and risk tolerance. If it’s right, you should be able to sleep well in any market environment.

For a discussion of revising your investment strategy as you approach retirement, see 20.2.2.

**Consider your total portfolio**—Many investors make a classic mistake at the outset by separating their registered from non-registered investments; whether investments are in an RRSP or other registered plan is irrelevant to an asset allocation decision. Your total investment portfolio should be considered so that the right proportion of asset types can be determined. Once you have completed your asset allocation, then you can decide, from a tax perspective, which investments are more effective to hold inside your RRSP (see 3.1.6) or TFSA (see 4.1).

**Plan for a long horizon and stay on course**—Once you have determined your asset allocation, plan to let your investments grow for at least five to seven years, long enough to go through a full market cycle. Average investors often make the mistake of buying what’s hot because they think it’s a great time to be in the market, then panic and sell as soon as the investment loses value. A disciplined approach to long-term asset allocation will probably give you higher returns in the long run.
Pay attention to fees—Be aware of management fees and commissions. A saving in fees of 1% per annum on a $100,000 investment earning a 6% annual return for 10 years could save you well over $15,000. You can’t control the market, but you can control the fees and commissions you pay. If you do not know the amount of your fees, do not be afraid to ask your investment adviser or financial institution holding your investments.

Inflation is a risk—Inflation is another factor you cannot control, though you can plan for it. Depending on the rate of inflation, it can be a costly mistake to think of money in nominal terms instead of its real value. If your money isn’t growing, you’re losing it. Consider a $1,000 investment earning an average rate of return of 6% per year. After 10 years, the investment will be worth $1,790, but inflation will have eroded its real value. Assuming an annual inflation rate of 3%, this erosion will amount to $450 by the end of the 10th year, bringing the investment’s real value down at that time to $1,340.

Rebalance annually—One of the most important steps in managing your investments is to regularly rebalance your portfolio according to your asset allocation. With discipline, this allows you to manage your investments for profit, by selling high and buying low.

For example, you may have decided originally that an investment mix of 40% in stocks and 60% in bonds met your objectives. However, due to a prosperous period in the economy, you find that the stock component of your portfolio grows to 55% while bonds now represent only 45% by value. In this case, the discipline of strategic asset allocation should force you to take profits and rebalance your original mix so that when the economy reverses—as it always does—you will be positioned to take advantage of the change.

Choose the right investment firm and monitor your investments’ performance—Select an investment firm or adviser that fits your particular circumstances and needs and has consistently shown strong performance over the long-term, compared to its competitors. Your written investment policy should establish appropriate benchmarks that relate to your particular asset mix, such as market indices, to judge the performance of your investment portfolio and your investment manager. See 1.4 for general advice on choosing your professional advisers.

Don’t try to outsmart the market—Focus your attention on getting the asset allocation right and then, within each asset class, try to keep your costs at a minimum. Make sure you are well diversified. Be consistent in your investment style and stick to your plan. Don’t think that what happened in the past will happen in the future. In the financial market, history rarely repeats.
1.2 Some common financial goals

1.2.1 Planning for your children’s education

Although post-secondary education may not be the route your children choose, having a college diploma or university degree can greatly expand their range of occupational choices and will probably enhance their future earning power. But with government support falling and tuition fees rising over the last decade, putting a child through college or university is becoming more costly. If your child decides to move away from home to study or attend an institution outside Canada, the cost will increase significantly. Most of us would be hard-pressed to finance these costs out of current income, so planning ahead is crucial.

Like any financial planning endeavour, decisions about funding your child’s education should be made with an eye toward the effects of taxation. Below are a few common options for reducing your family’s overall tax burden so that more funds will be available to finance your child’s education.

Registered Education Savings Plans (RESPs) can be effective education savings vehicles, especially due to the availability of Canada Education Savings Grants (CESGs). Under this program, the government will provide a grant of 20% on the first $2,500 of annual contributions made in a year to an RESP. As such, the grant may be worth up to $500 each year for each beneficiary, giving you an easy extra 20% return on your first $2,500 of contributions each year per beneficiary. For low- and middle-income families, the CESG grant may be even higher. The maximum lifetime grant is $7,200 per beneficiary. The RESP rules are discussed at greater length in Chapter 4.

As an alternative or in addition to an RESP, you could invest in tax-efficient growth mutual funds in your child’s name. Any income from these funds is normally taxed under the preferential rules for capital gains (see Chapter 6) or dividends (see Chapter 7). Any capital gains distributed by the fund or realized on the sale of the fund will be taxable in your child’s hands at your child’s lower tax rate (or not taxed at all if his or her income is low enough). Until your child turns 18, the dividends and interest will be taxed in your hands due to the attribution rules discussed in 5.2.3; however, assuming you have selected a tax-efficient mutual fund, this will usually amount to a small proportion of the fund’s overall return. Choosing a non-registered mutual fund provides some investment control and flexibility—there are no restrictions on the use of the funds and there is no limit on the amount that can be deposited.

If your child has a disability, you may be allowed to establish a Registered Disability Savings Plan to provide for his or her future financial needs, including education—see 4.6.
1.2 Tips for achieving your financial goals

If you receive the new Canada Child Benefit (see 2.3.4), the Child Tax Benefit, Child Disability Benefit (see 2.3.3) or Universal Child Care Benefit (see 2.3.2) for 2016, consider depositing the payments to an account in your child’s name. As with RESP funds, these deposits may add up to a significant investment over time and, since the anti-income splitting rules discussed in Chapter 5 don’t apply, any investment income will be taxed in your child’s hands, if at all. You may wish to withdraw the balance from the account annually and purchase higher-yielding investments on your child’s behalf (see 5.3.12).

Another strategy to consider if interest rates are rising is to split income by entering into a family loan with your child via a family trust—see 5.3.4 and 21.5.4.

1.2.2 Encouraging your child to invest

If you have a child who works part-time (e.g., summer employment) with an income below the federal basic personal credit amount ($11,474 for 2016—see 2.2) and the Canada Employment Credit amount ($1,161 for 2016) that can be earned tax-free, consider filing a personal income tax return for him or her to report this earned income for the purpose of building up RRSP contribution room, which may be of use in a later year when he or she becomes taxable (see 3.1.3). This can be especially useful when your child is in the teenage years and can expect to earn much more income in the future, since any unused RRSP deduction room is carried forward indefinitely. If your child has cash available (and your financial institution agrees to set up a plan), he or she may contribute now to start enjoying tax-free investment growth but delay claiming the related tax deduction until a later year when your child has enough income to be taxable. Alternatively, if your child is over 17 and has a social insurance number, he or she could consider putting savings into a TFSA (see 4.1).

Instead of giving your child money that is easily spent, consider having him or her start an RRSP. The amount you can contribute may seem minimal—only 18% of the child’s earned income from a summer or part-time job, plus the $2,000 lifetime overcontribution if the child turned 18 in the prior year (see 3.3.4). But the funds in the RRSP will enjoy tax-free compounding, which will accumulate significantly over time. For example, assuming a 6% cumulative rate of return, $1,000 a year invested in an RRSP each year beginning at age 16 will grow to $13,972 by the beginning of the year in which the child turns 26; at age 30, the RRSP will grow to $24,673, and if the annual contribution is made until the child retires at 65, the RRSP will be about $273,000.

To top up your child’s earnings and help finance his or her education or other pursuits, consider lending your child, interest-free, an amount equal to what he or she earns over the year and would otherwise spend. Your child can use the loaned funds to pay for expenses such as tuition fees and invest
his or her own income to earn investment income. That way, the anti-income splitting rules discussed in Chapter 5 will not attribute the investment income back to you and it will be taxed at your child’s lower tax rate (or not taxed at all if his or her income is low enough). Later on, perhaps after graduating, your child can pay you back out of the invested funds, or keep the funds as “seed money” for his or her early working years. (This strategy is discussed in more detail in 5.3.11.)

Chapter 5 discusses a number of options for splitting income with children. These strategies can significantly lower your family’s overall tax burden and help your child become financially independent.

1.2.3 Buying a home

If you are renting your home, instead of buying, you may be missing out on a potential investment opportunity. A home can be a reliable hedge against inflation, a great retirement savings vehicle and a tax shelter—as we’ll see in 6.5.2. If you own a home and sell it for a gain, the gain is usually tax-free as long as it has been your principal residence for income tax purposes.

So if you can afford to buy a home, don’t rent. If you are renting while you are saving for a home, consider moving to less expensive rental accommodations and saving more toward your down payment. The sooner you start putting your money toward a mortgage instead of your landlord’s pocket, the better off you will be. Below are a few tax planning and other issues for prospective home buyers to consider.

If you are buying your first home, you may qualify for a 15% tax credit on up to $5,000 of your costs. See 2.7.4.

If you qualify, the Home Buyers’ Plan can be a possible source of cash for financing your down payment. If you are saving to buy your first home, think about using your RRSP as your savings vehicle; under the Home Buyers’ Plan discussed at 3.3.6, if you qualify, you can generally withdraw up to $25,000 as a loan from your RRSP to buy or build a home, without counting the withdrawal as income for tax purposes. You must then repay the loan, without interest, over 15 years starting in the second year following the year of withdrawal.

If you do plan to withdraw RRSP funds under the Home Buyers’ Plan, consider making your RRSP contribution for the year at least 90 days before you make the withdrawal to preserve your ability to deduct the contribution amount. If you are depending on your RRSP for retirement income, you will want to forecast the decline in income that will result from the loss of the tax-free compounding when you withdraw a large chunk of RRSP funds now and pay it back over 15 years. See 3.3.6 for a more detailed discussion of the Home Buyers’ Plan.
1. Tips for achieving your financial goals

Once you have a mortgage, consider accelerating your mortgage payment schedule to reduce the amount of interest you’ll pay over the life of your mortgage.

Accelerating your payment schedule doesn’t necessarily mean that you will be shelling out any more cash than you do now. Here’s the trick: figure out how much you can or want to pay each month and multiply that amount by 12. This is your annual payment. Then divide this number by 52 to determine the amount to pay weekly. Over the course of a year, your total mortgage payments will be identical, but more frequent payments will reduce your principal more quickly and reduce your overall interest cost.

Another way to save on mortgage interest is to maintain your original payment level when your mortgage comes up for renewal, even if interest rates have fallen. Also, each time you renew, consider increasing your payment by whatever you can commit—even an extra $50 or $100 will save you money in the long run.

1.2.4 Vacation properties

Buying a cottage, ski chalet or condo can provide years of enjoyment for your family. For a variety of reasons, a recreation property can also be a sound investment. You will probably save on your family’s vacation costs. You may even find it easy to make up some of the property’s costs by renting it out when your family is not using it. Market demand for desirable vacation properties (especially waterfront properties) within a reasonable drive from Canadian urban centres will probably remain steady, and, if historical trends continue, the value of your vacation home could rise significantly during the time you own it.

Whether you plan to keep the property in the family or sell it for future gain, bear in mind that capital gains tax (see 6.2.1) may apply on the difference between the property’s cost when you bought it, plus capital improvements made, and its fair market value when you sell it or at the time of your death (or your spouse’s death). The longer you own your cottage, the bigger the gain is likely to be.

To avoid leaving your survivors with a tax bill, which they may have to fund by selling the property, consider purchasing enough life insurance to fund the taxes that will arise on your death. You may be able to shelter some of the gain on the property’s sale or on your death (or your spouse’s) through the principal residence exemption (see 6.5.2). You may be able to protect future gains from tax by transferring the property to one of your children or to a family trust (see 5.3.7). Consider also our more general discussion of estate planning in Chapter 21.
If your vacation property is situated in the U.S. and you are a Canadian resident, the double hit of U.S. estate tax and Canadian income tax arising on death can carry a potentially high tax burden. The Canada-U.S. tax treaty may ease the potential for double taxation, but, as discussed at 19.4, some rather complex tax planning may be required and you should seek professional tax advice.

Whether your vacation property is in Canada or the U.S., it’s important to keep track of the property’s adjusted cost base and capital improvements for tax purposes (see 6.2.1).

1.3 Preserving your family’s financial security

The achievement of your financial goals can be delayed or derailed by unexpected changes of circumstance. Your family’s financial plan should include measures to address risk and protect your family’s financial security.

1.3.1 Do you have a line of credit and/or an emergency fund?

Set up an emergency fund or line of credit.

In today’s business environment you cannot count on having a job for life. In addition to cash flow, job loss can affect your company-funded benefits and pension plan. Generally speaking, you should have an emergency fund large enough to handle the loss of a job for six months to one year. Canada Savings Bonds, money market or T-bill funds and cashable guaranteed investment certificates are good places to park emergency reserves.

Another way to provide an emergency fund is to establish a line of credit with your financial institution. Be careful to only use it when necessary, because the interest you’ll incur will be non-deductible and you will have to repay it according to the line of credit’s terms.

1.3.2 Do you have enough insurance?

Make sure you have adequate insurance and a current will.

Review your insurance needs with your financial advisers to determine the appropriate amount and form of your insurance coverage in various areas, including property loss, death, disability, sickness, personal liability and liquidity crisis.

A review should consider your need for life insurance. In the event of your death, life insurance may be critical for providing replacement income for your dependants and for funding your estate’s tax and other liabilities. Life insurance plays many other important roles in estate planning. Some tax planning and other issues involving life insurance are discussed in 21.7.

One of your most valuable assets is your ability to earn income through employment or self-employment. Review your need for disability or critical illness insurance—if you become disabled, the financial consequences can
be devastating. Most disability insurance policies do not provide a level of income over and above what you need for basic ongoing living expenses. In the long-term, this could leave you without enough funds set aside for your retirement since disability income usually stops at age 65.

Make sure you have sufficient insurance to protect you from significant financial loss due to damage or destruction to your home, automobile or other personal assets. Without adequate coverage, the emotional trauma of such losses could be compounded by irreversible damage to your family’s finances. Depending on your occupation or circumstances, you should also assess your need for other forms of insurance such as health and professional or director’s liability coverage.

1.3.3 Is your will up-to-date?
Have you and your family members reviewed your wills within the past two years, or has there been a change in your family circumstances? Are your wills effectively tax-structured? Remember that if you die intestate (without a will) your assets will be distributed according to provincial law, possibly differently from what you would have wished. Be sure to seek advice of a lawyer (or a notary in Quebec) to ensure your will is legally valid and accurately reflects your wishes. You should also consult a tax adviser for assistance in reducing your estate’s tax liability, including probate fees and U.S. estate tax.

For a more detailed discussion of the role of your will in planning for the orderly distribution of your estate and the minimization of taxes on death, see 21.2.

1.3.4 Do you have a power of attorney?
A power of attorney allows you to designate a person who will take control of your financial affairs if you become incapacitated due to illness or injury. If this happens and you do not have a power of attorney, control will yield to a provincial public trustee, which may restrict your family’s ability to access your financial resources.

Powers of attorney are usually limited to decisions regarding your property and finances. In some provinces (including Ontario and Quebec), you can empower a different person to make decisions about your health care and medical treatment.

Like your will, your power of attorney should be prepared with professional advice—consider having both drawn up at the same time.

Note that a power of attorney operates only while you are alive. Once you die your will takes over, and your executor will manage your estate’s affairs.

In some cases, a trust can be an effective alternative to a power of attorney—see 21.5.4.
1.4 Selecting your professional advisers

Financial planning is broad in scope and you may need advice from professionals with expertise in different areas. For some financial decisions, it will be worth the expense to invest in professional advice, whether from a lawyer, tax adviser, insurance broker, investment counsellor or a personal financial adviser. And in some financial planning endeavours, such as estate planning, professional legal and tax advice is a must.

Given what’s at stake—your family’s finances—you should take the time to shop around for advisers who are knowledgeable and experienced in their fields and with whom you feel comfortable. When interviewing prospective advisers of any profession, be sure to cover the following topics:

- Ask for client references, preferably from three or four people in circumstances similar to your own.
- Inquire into the professional’s educational background, qualifications and level of experience.
- Ask whether the adviser belongs to any professional networks and associations to determine what sorts of resources are available to him or her.
- Make sure that you understand the fee arrangement and how the adviser is compensated.
- Be cautious of advisers whose objective may be to sell you investments, tax shelters, insurance or anything other than independent advice.

The level of your need for advisers will depend primarily on the complexity of your affairs and your own knowledge of financial matters. You will get better value for the fees you pay to your advisers if you spend some time up front educating yourself. After all, it’s your money and you must ultimately take responsibility for its handling and performance.

If you have a spouse, be sure that he or she is acquainted with your advisers, since your spouse will need to deal with them in the event of your death or disability. It is also a good idea to keep an up-to-date list of your advisers’ names and phone numbers in one place, perhaps in the same place as your will and list of assets.
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