



# KPMG Prom Relay 2023

Friday 7 July 2023

Loch Promenade, Douglas

live **at** home

**In support of Live at Home**

A dedicated Manx-registered charity established in 1998, and our staff and volunteers are passionate about providing lots of ways for our members to live happily at home for as long as they can.



# Event Information

The KPMG Promenade Relay 2023 is being staged in support of Live at Home, a Manx registered charity, whose staff and volunteers are passionate about providing lots of ways for their members to live happily at home for as long as they can.

All entry fees for the KPMG Promenade Relay event will be donated to Live at Home. We have also included a sponsorship form on the last page of this document and we would be immensely grateful if you could help us raise as much money as possible for this very worthy charity!

## Race entry

To enter the race, please visit <https://my.raceresult.com/232817/>. Online entries only. Entries close on Wednesday 05 July at 7pm.

## Team entries

### Pre-race sign on from 5pm:

- Teams will be timed using timed baton technology, provided by Manx Timing Solutions.
- It is essential that the first runner from each team attends the sign on tent at the Start/Finish line, located near the Bottleneck car park on Loch Promenade.
- Each team has a specifically allocated baton which they must pass to their team members within the transition zone at the Start/Finish line.
- Please note, it is essential that you retain the baton issued to you, as it has been pre-programmed with your team's details.

### The race:

- The race will start at 6:00pm from Loch Promenade.
- For teams of 4 people, each team member will run one leg of the prom. Two members will run from the start/finish at the Sea Terminal end of the Prom to a station at the Summerland site and the other two will run from the Summerland site to the Sea Terminal (2.5km each).
- For teams of 2 people, each team member will run two legs of the prom, from the Sea Terminal to the Summerland site and back (5km each).

### Post-race:

- Please place your batons in the collection bin provided at the finish line as they are expensive.
- Announcement of winners will take place at around 7:45pm at the Sea Terminal end of the Prom.

## Solo entries

### Pre-race sign on from 5pm:

- Solo runners will be timed using chips which can be attached to their shoe laces with cable ties. (Cable ties will be provided)

### The race:

- Solo runners will set off at the same time as the main relay event (6:00pm). They will run two legs from a station at the Sea Terminal end of the Prom to a station at the Summerland site and back (5km).

### Post-race:

- Our marshals will help you remove the chips and cable ties at the end of the race.
- Please place the timing chips in the collection bin provided at the finish line as they are expensive.
- Announcement of winners will take place at around 7:45pm at the Sea Terminal end of the Prom.

## Race timing

Manx Timing Solutions will time the event using chipped devices. The system is very easy to use with timing mats located at each end of the Prom, which will be clearly marked and marshalled.

## Marshals

Please note that the Prom will be closed to vehicles; however, it will remain open to the public so please be mindful of other users, especially children.

The race will be clearly marked with cones and barrier tape at the start/finish and at the Summerland site. There will be clearly recognisable marshals in place throughout the event.

Please listen to any instructions given by marshals, as they will be assisting with the security of both the competitors and the public.

## First Aid

St. John Ambulance will be present throughout the event to provide first aid cover. In the event that St John Ambulance cannot be present, first-aid trained marshals will be available.

## Transport

Parking facilities will be available at the Shaw's Brow, Bottleneck, and Chester Street car parks.

## Photographs

Please be aware that photography and filming will take place during this event.

By attending/participating in the event, you give your consent to having your photograph and video taken at the event, which may be used for press releases and printed publicity, and may be published online.

KPMG in the Crown Dependencies reserves the right to use any and all participants' names and/or likeness with regard to promotional and/or advertising materials.

## 2023 Sponsors:

The logo for IFGL, featuring the letters 'IFGL' in a bold, sans-serif font. The 'I' and 'F' are grey, while the 'G' and 'L' are a darker grey. A blue horizontal bar is positioned above the 'F'.The logo for OCORIAN, featuring the word 'OCORIAN' in a bold, sans-serif font. The 'O' is grey, 'C' is orange, 'O' is blue, 'R' is grey, 'I' is grey, 'A' is grey, and 'N' is grey.The logo for plan.com, featuring the word 'plan.com' in a bold, sans-serif font. 'plan' is black and '.com' is blue.The logo for SCS, featuring the letters 'SCS' in a bold, italicized, green font. Below the letters is the tagline 'Advice - Design - Install - Maintain' in a smaller, black, sans-serif font.The logo for SLEEPWELL HOTELS, featuring the word 'SLEEPWELL' in a bold, serif font with a gold outline, and 'HOTELS' in a smaller, gold, sans-serif font below it. There are gold stars and a gold swoosh above the text.The logo for ZEDRA, featuring a stylized 'Z' symbol above the word 'ZEDRA' in a bold, sans-serif font.




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 [paypal.me/promrelay2023](https://paypal.me/promrelay2023)

Deposit sponsorship money and donations via the above link.

## Sponsorship form

Team name \_\_\_\_\_

Competitor name \_\_\_\_\_

Company name (where applicable) \_\_\_\_\_

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