



KPMG Prom Relay 2024

Friday 12 July 2024

Loch Promenade, Douglas



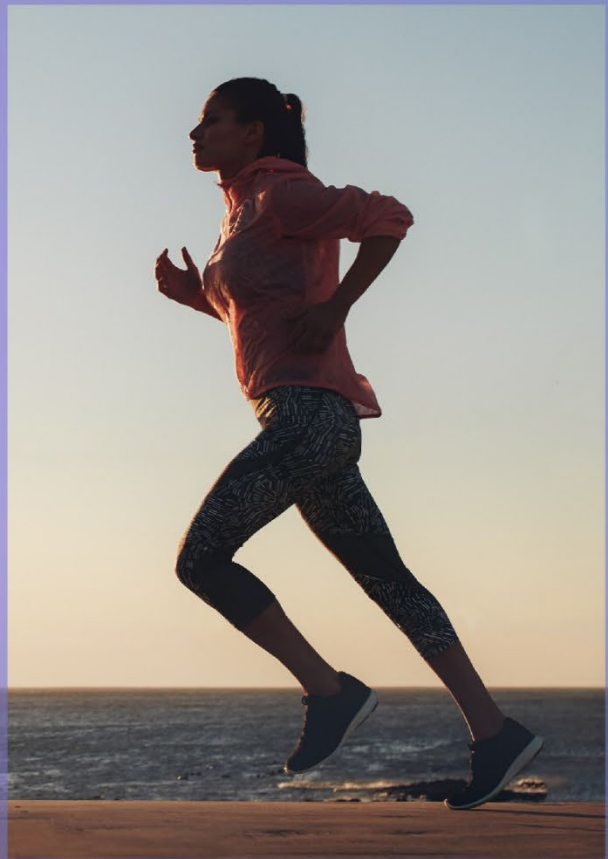
Arlo's Adventure

In support of Arlo's Adventure

Arlo's Adventure works in two ways:

One way is to support Manx residents who require treatment in hospital in the United Kingdom, and their family members. They do this by meeting the costs of transport and accommodation for family members to visit them during their stay in hospital. They also cover the costs of family members participating in leisure activities whilst in the United Kingdom where these costs are not funded by any other body or organisation.

The other is to support bereaved families by the raising of awareness of the effects of the loss of a child or a pregnancy. Arlo's Adventure support the families as a whole, but the focus will be with the siblings of the lost child and providing emotional and practical support to such families. Arlo's Adventure also have their own book available to support bereaved siblings.



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Event Information

The KPMG Promenade Relay 2024 is being staged in support of Arlo's Adventure, a Manx registered charity, whose staff and volunteers work tirelessly to offer support to bereaved families by the raising of awareness of the effects of the loss of a child or a pregnancy.

All funds raised for the KPMG Promenade Relay event will be donated to Arlo's Adventure. We have also included a sponsorship form on the last page of this document and we would be immensely grateful if you could help us raise as much money as possible for this very worthy charity!

Race entry

To enter the race, please visit <https://my.raceresult.com/279719>/Online entries only. Entries close at Midnight on 10 July.

Team entries

Pre-race sign on from 5pm:

- Teams will be timed using timed baton technology, provided by Manx Timing Solutions.
- It is essential that the first runner from each team attends the sign on tent at the Start/Finish line, located near the Bottleneck car park on Loch Promenade.
- Each team has a specifically allocated baton which they must pass to their team members within the transition zone at the Start/Finish line.
- Please note, it is essential that you retain the baton issued to you, as it has been pre-programmed with your team's details.

The race:

- The race will start at 6:00pm from Loch Promenade.
- For teams of 4 people, each team member will run one leg of the prom. Two members will run from the start/finish at the Sea Terminal end of the Prom to a station at the Summerland site and the other two will run from the Summerland site to the Sea Terminal (2.5km each).
- For teams of 2 people, each team member will run two legs of the prom, from the Sea Terminal to the Summerland site and back (5km each).

Post-race:

- Please place your batons in the collection bin provided at the finish line as they are expensive.
- Winners will be announced on KPMG's social media pages following the event.

Solo entries

Pre-race sign on from 5pm:

- Solo runners will be timed using chips which can be attached to their shoe laces with cable ties. (Cable ties will be provided)

The race:

- Solo runners will set off at the same time as the main relay event (6:00pm). They will run two legs from a station at the Sea Terminal end of the Prom to a station at the Summerland site and back (5km).

Post-race:

- Our marshals will help you remove the chips and cable ties at the end of the race.
- Please place the timing chips in the collection bin provided at the finish line as they are expensive.
- Winners will be announced on KPMG's social media pages following the event.

Race timing

Manx Timing Solutions will time the event using chipped devices. The system is very easy to use with timing mats located at each end of the Prom, which will be clearly marked and marshalled.

Marshals

Please note that the Prom will be closed to vehicles; however, it will remain open to the public so please be mindful of other users, especially children.

The race will be clearly marked with cones and barrier tape at the start/finish and at the Summerland site. There will be clearly recognizable marshals in place throughout the event.

Please listen to any instructions given by marshals, as they will be assisting with the security of both the competitors and the public.

First Aid

St. John Ambulance will be present throughout the event to provide first aid cover. In the event that St John Ambulance cannot be present, first-aid trained marshals will be available.

Transport

Parking facilities will be available at the Shaw's Brow, Bottleneck, and Chester Street car parks.

Photographs

Please be aware that photography and filming will take place during this event.

By attending/participating in the event, you give your consent to having your photograph and video taken at the event, which may be used for press releases and printed publicity, and may be published online.

KPMG in the Crown Dependencies reserves the right to use any and all participants' names and/or likeness with regard to promotional and/or advertising materials.

2024 Sponsors:

