

# CENTRE OF EXCELLENCE IN RESPONSIBLE GAMING

- KPMG eSummit
- 15<sup>th</sup> June 2023



UNIVERSITY OF  
GIBRALTAR

CENTRE OF EXCELLENCE  
IN RESPONSIBLE GAMING



# ABOUT THE CERG

- Multidisciplinary and interdisciplinary research institute for the scientific study of gambling behaviour, problem gambling and related health issues.
- Officially inaugurated in March 2022.
- **Central goal:** Identify risky ways of engagement in gambling and gaming and understand factors that may lead to gambling problems.
- **Main objective:** Undertake research that will provide consumers, gaming industry leaders and government with evidence-based knowledge about how to reduce gambling related harm, protect at-risk consumers and contribute to effective prevention and treatment interventions.



# Our team

- **Prof Zsolt Demetrovics (Chair)**
- Dr Andrea Czakó (Research Manager)
- Dr Shu (Mogu) Yu (Researcher)
- Dr Tyrone Burleigh (Associate Researcher)
- Dr Cristina Villalba García (Researcher)
- Dr Laura Maldonado-Murciano (Associate Researcher)
- Zsolt Horváth (Research Associate)
- Petros Dimitriou (Administrative Officer)

## PhD students

- Paul Bush
- Judith Glynn
- Harshdeep Mangat
- Ronald Ngetich
- Pedro Romero
- Yanisha Soborun

# International Scientific Advisory Board

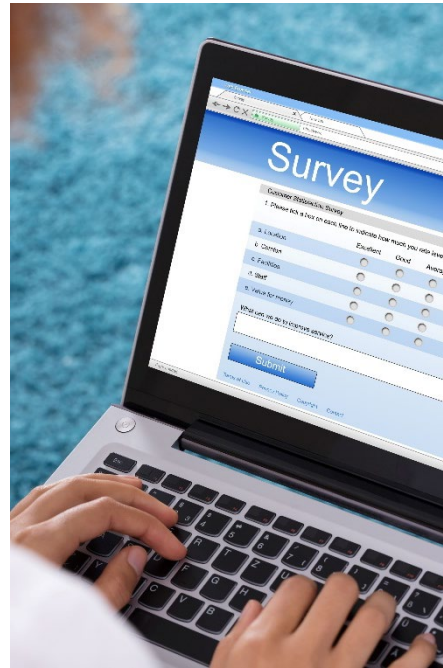
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# Some of our major research projects

- **Needs assessment of the Gibraltar gaming industry**
- **Evaluation of safe/responsible gambling interventions – A systematic review**
- The role of working memory in gambling and gaming disorder – A systematic review
- Identifying and assessing gambling motives
- Development of a gambling harms checklist
- Gambling during Facebook outage
- Setting research priorities for gambling research - A CHNRI project
- Quantitative and qualitative investigation of gambling and problem gambling of women
- Assessing parental knowledge of children's video game play and microtransactions – an international research project

# Research projects to be launched I.



## Evaluation of the remote gambling online course at the University of Gibraltar

- To improve the course and understand the effect of responsible gambling training on learners' knowledge, attitudes and opinions regarding gambling, responsible gambling, and problem gambling

## Gambling profile of women – a behavioural data analysis

- To assess and compare the gambling behaviour of men and women to identify specific risk factors associated with gambling in women, use anonymous behavioural tracking data

## Underrepresented groups in gambling

- To assess the profiles and compare underrepresented groups in gambling, including women, ethnic and sexual minorities.



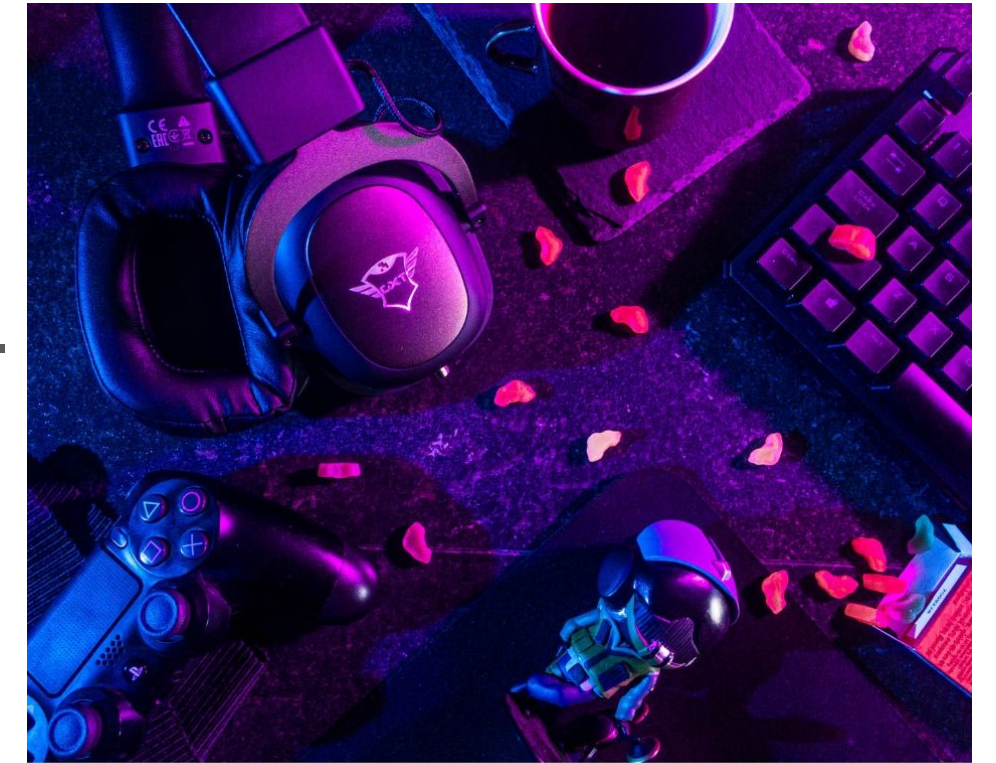
# Research projects to be launched II.

## Understanding esports gamblers: cross-cultural differences in esports and sports betting behaviours

- Comparing the characteristics, motives and background of esports gamblers with other types of gamblers, especially online sports bettors.

## Working memory and other cognitive functions in problem gambling

- Questionnaire and online experiment to understand cognitive functioning in problem gambling.



## Stigmatisation and gambling

- To understand the extent and nature of gambling-related stigma, to develop effective interventions to reduce stigma and promote help-seeking behaviour among those with gambling problems – a general population online survey and a survey among gamblers.

# **Safer gambling interventions in online gambling: A systematic review of prevention, tools, and treatment**

**Shu (Mogu) YU, PhD**

**Harshdeep S. MANGAT**

**Andrea CZAKÓ, PhD**

**Yanisha SOBORUN**

**Zsolt DEMETROVICS, PhD**



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## ● Global gambling market (casinos and online) in 2021

- **\$231 billion** USD
- **1,008,752** employed
- **5,340** establishments worldwide

## ● Online market is growth driver

- **\$59 billion** USD
- Expected to reach **\$92.9 billion** USD in 2023, and **\$876 billion** by 2026

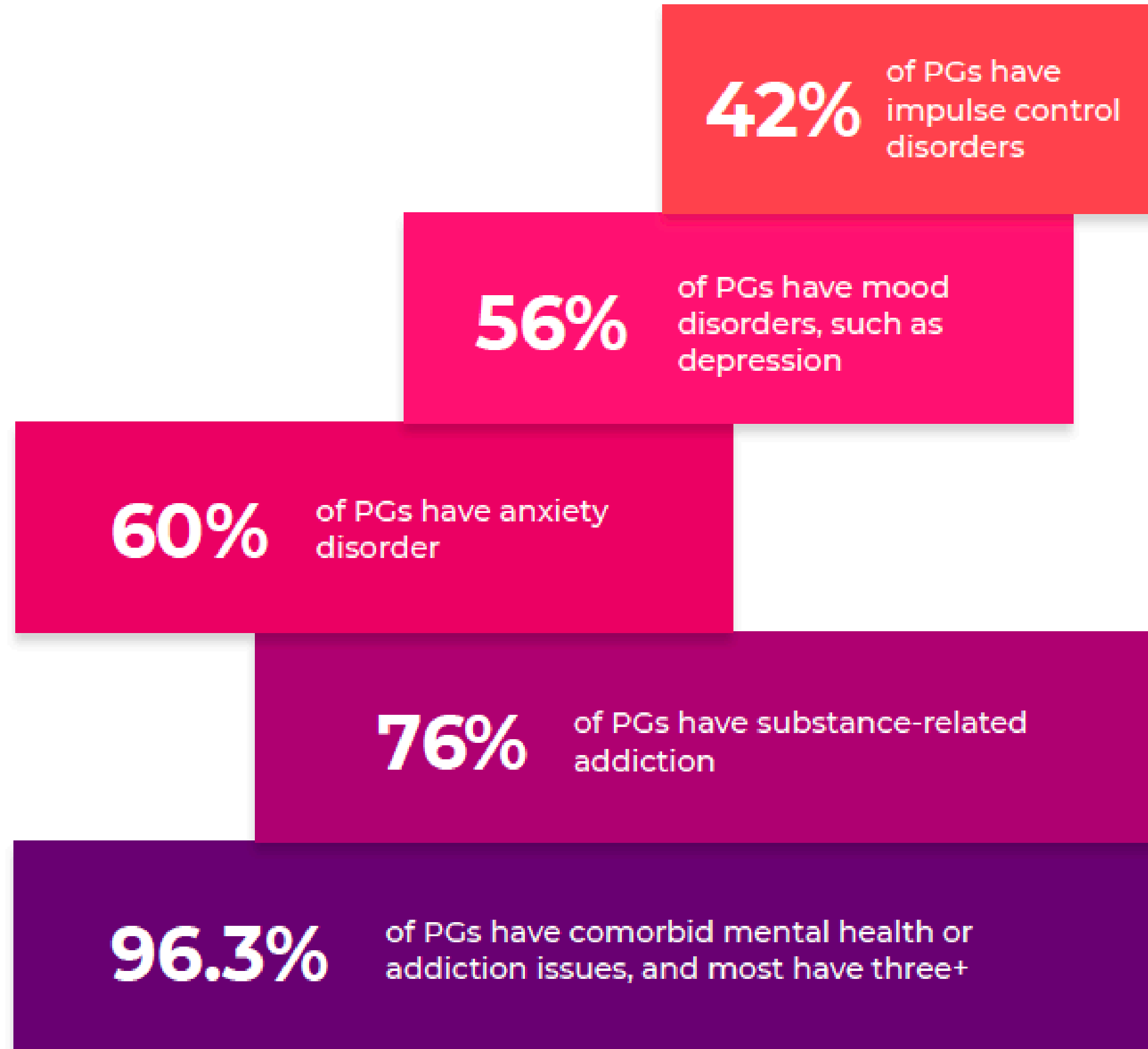
# Gambling Disorder

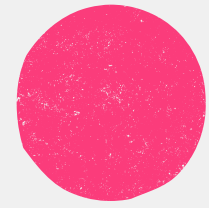
- **Impaired control** over gambling (e.g., onset, frequency, intensity, duration, termination, context);
- **Increasing priority** given to gambling to the extent that gambling takes precedence **over other life interests and daily activities**;
- **Continuation or escalation** of gambling despite the occurrence of **negative consequences**.



- **Systematic review** of national surveys from 2000 and 2015 found wide variations in problem gambling rates across different countries
- **Worldwide** ranged from **0.12 to 5.8%**
- **European** countries ranged from **0.12 to 3.4%**

# Comorbidity



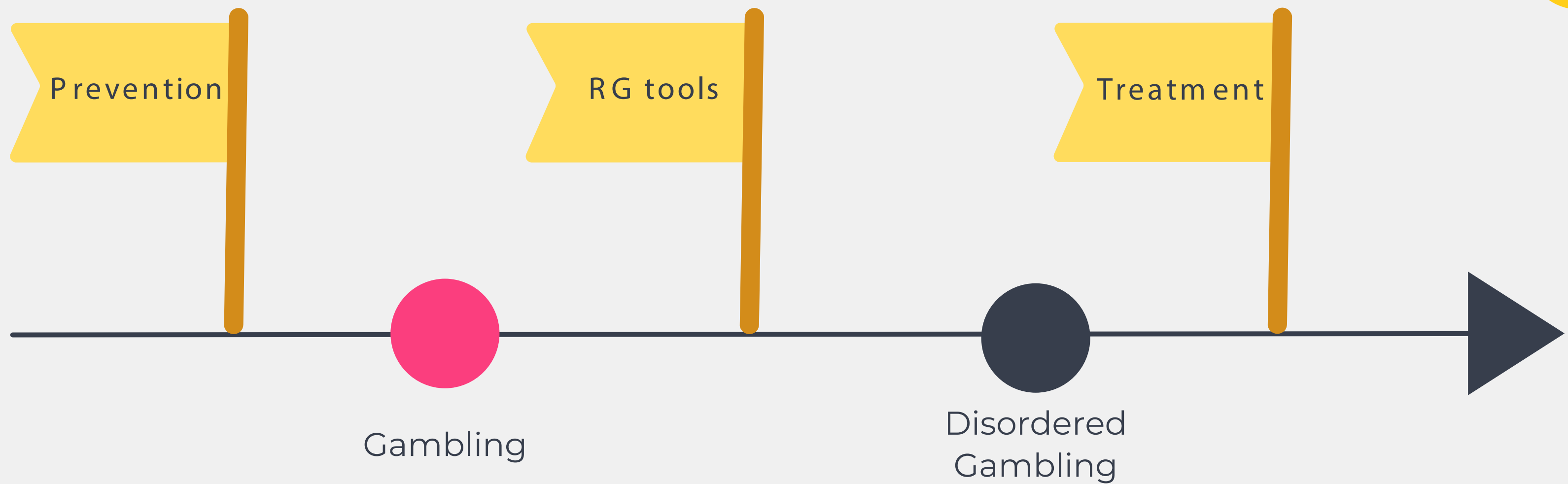


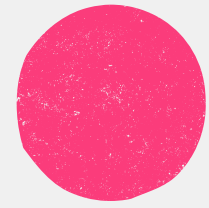
# Safer Gambling



the industry's approach to limiting the risk of  
problem gambling and gambling-related harm

# Current Interventions





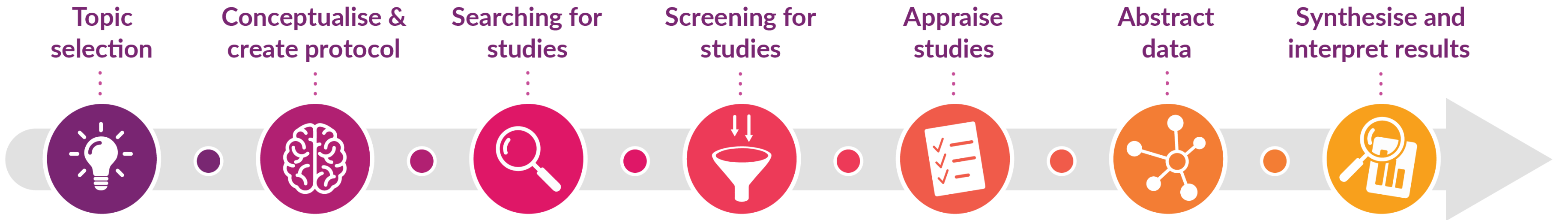
# Systematic

# Review

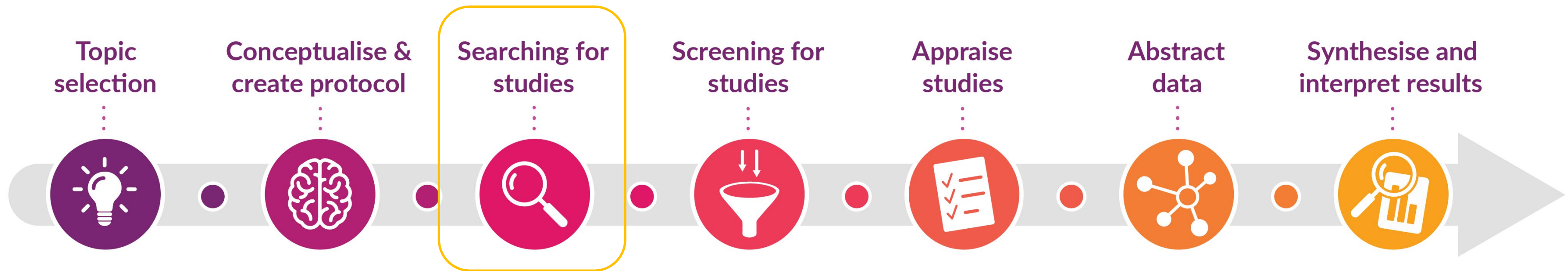


a literature review that gathers together **all available research** within a delimited research area and according to a specific methodology

# Steps in a systematic review







**Intervention**

- Treatment
- Prevention
- Protect\*
- Responsible
- Safe\*
- Minimiz\*
- Minimis\*
- Reduc\*



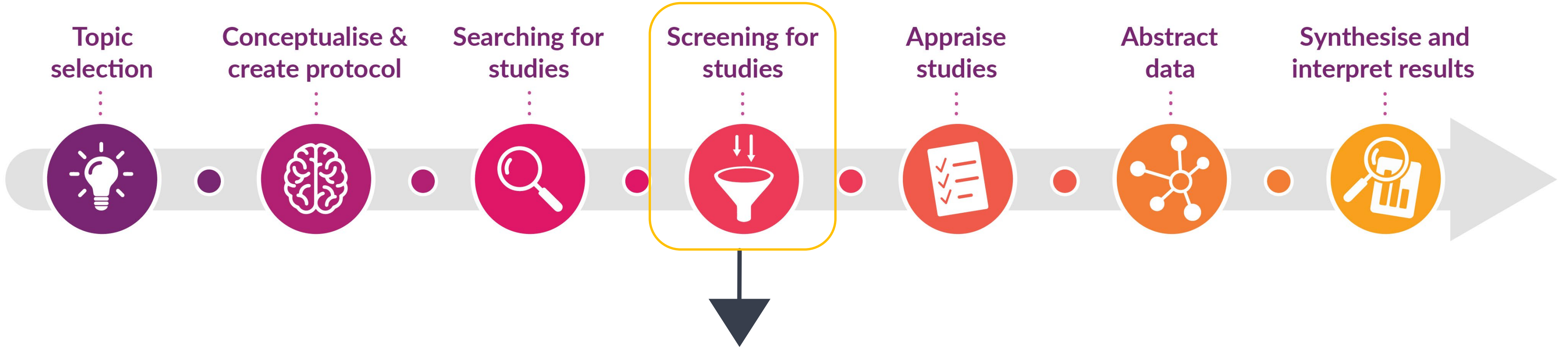
**Online**

- Online
- Internet
- Remote



**Gambling**

- Gambl\*
- Betting\*
- Bettor\*
- Wager\*
- Casino\*



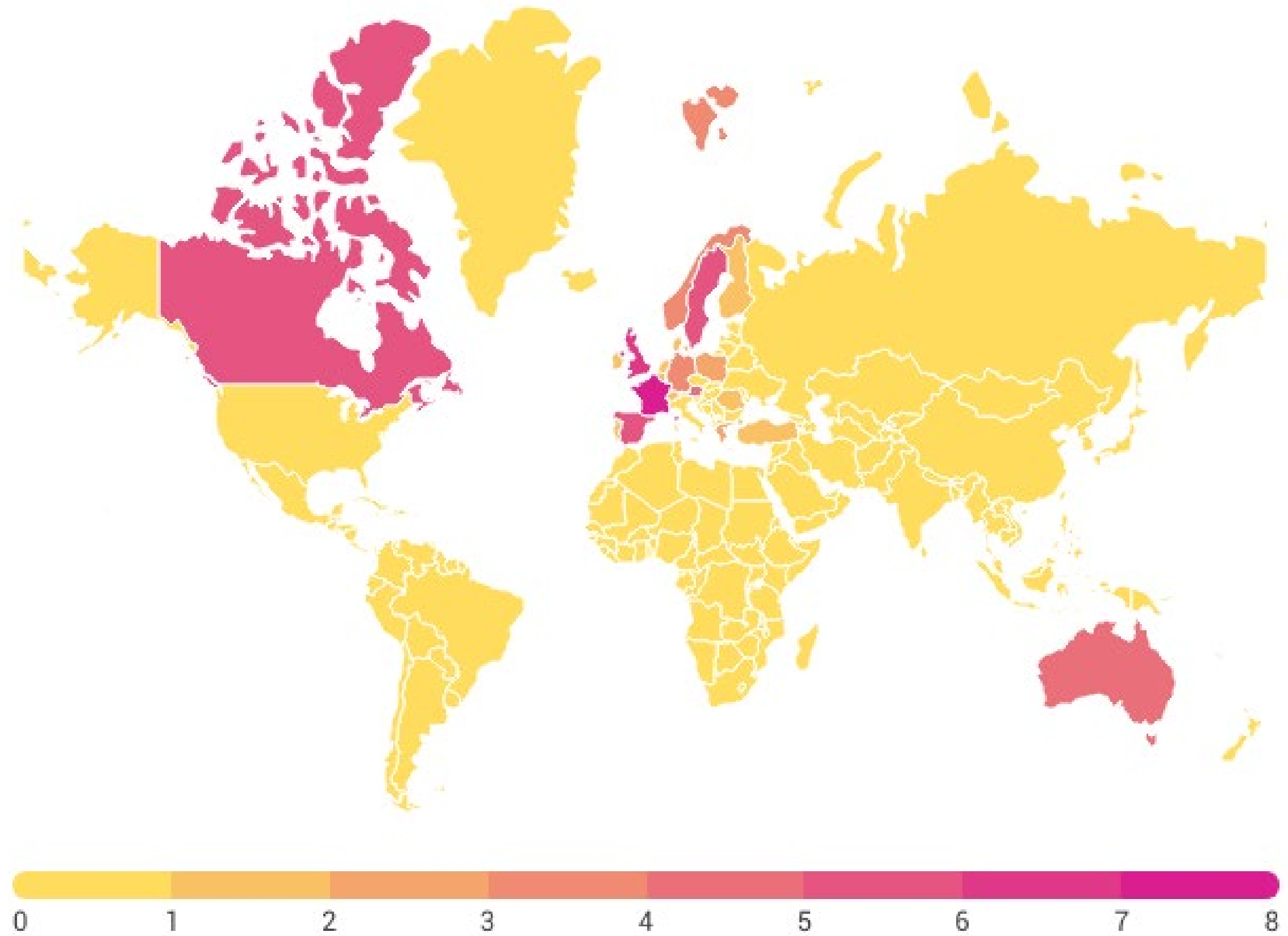
4,242 -> 1641 -> 231 -> 54

## ● When, Where, and Who(m)

- From **2013** to present
- Total sample size = **578,585**
- Mean % of **males** = **69.80** (38.1 – 95.9)
- Mean **age** = **34.58** (22 - 47.7)

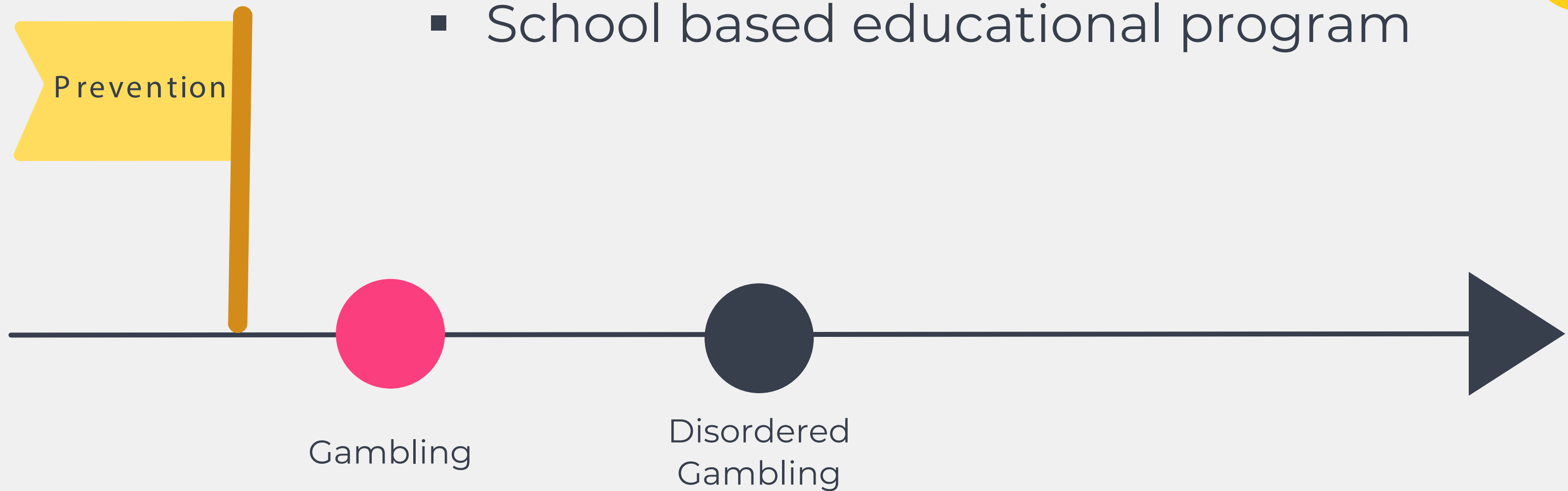
Findings

# Findings



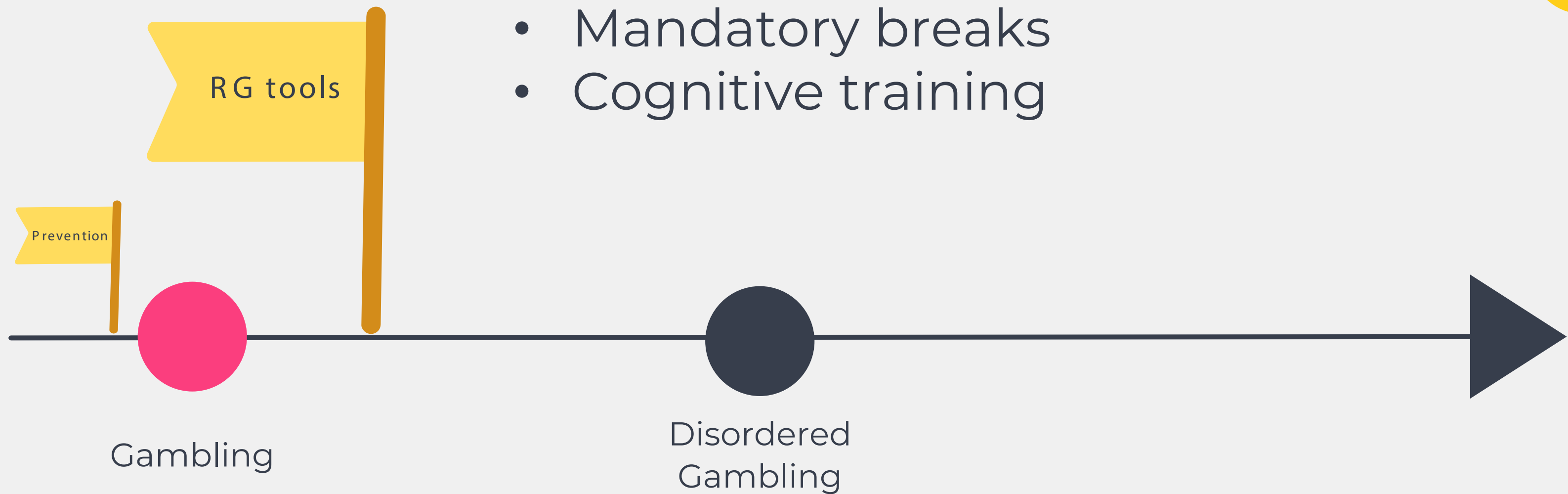
# Prevention

- Policy
- Early Prevention
  - School based educational program



# RG tools

- Self-exclusion
- Behavioral feedback
- Mandatory breaks
- Cognitive training



# Treatment

- CBT-Based Treatment
- Comorbidity Treatment
- Medical Treatment

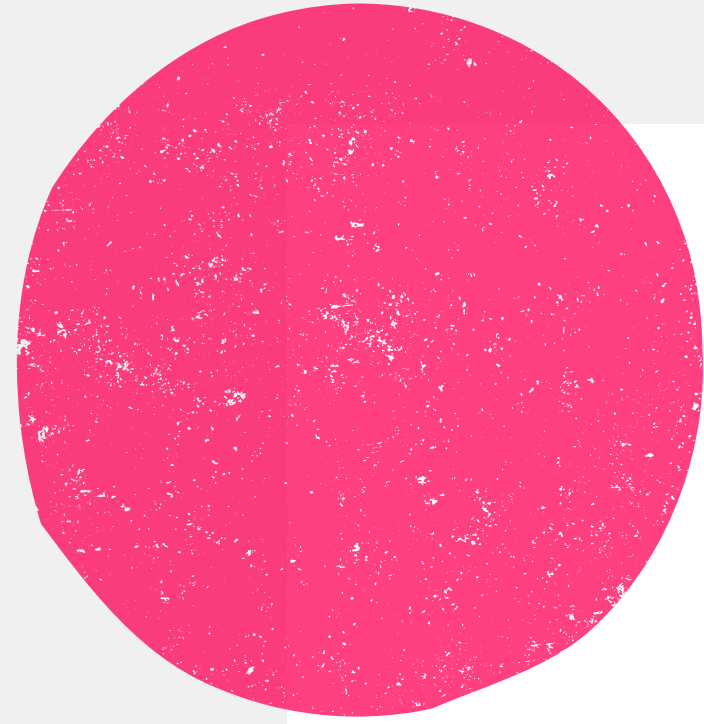


# Relapse Prevention

- Tutorial for initiating gamblers after self-exclusion
  - decrease in gambling and problem gambling compared to pre-exclusion

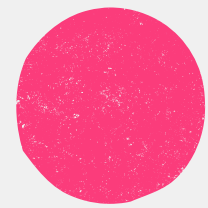






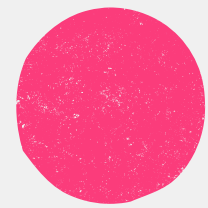
# What's next

- **Tailored intervention** for specific groups (e.g., females, different age groups of gamblers, etc.)
- Other **theory/evidence-based** treatment options
- **Better delivery** of intervention



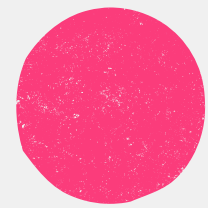
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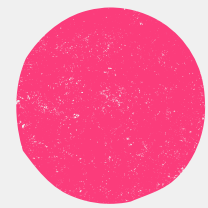
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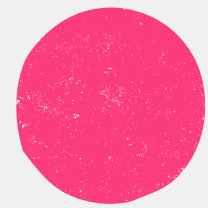
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