

The

# KPMG WOMAN

Maiden Edition

Volume 1 | Issue 1

## WORKPLACE CORNER

Things That Can Go  
Wrong while Working  
from Home

## EXCLUSIVE!!

I Don't Want ToTalk About  
It - A Conversation About  
PCOS and Endometriosis

Celebrating An Amazon:  
Meet **Bisi Lamikanra**,  
first female partner  
in **KPMG** Nigeria  
and **KNOW** Pioneer

Employee  
Spotlight:  
Learning from  
Trailblazers



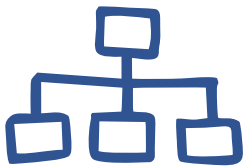
# In This Edition

From the Chief Editor



1

2



Meet Your KNOW Partners

Celebrating an Amazon  
- Bisi Lamikanra



3

4



Things That Can Go Wrong  
While Working From Home



Hair Care - Bye Dandruff



5



# In This Edition

Employee Spotlight  
Learning from Trailblazers

6 7  
8 9



I Don't Want To Talk About It  
- A Conversation About  
PCOS and Endometriosis



10

11



Social Experiences in Lagos



New Restaurants on  
The Block



12

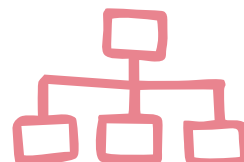
13



The Reading Wall



Working Group



14



# From the Chief Editor's Desk

Dear KPMG Woman,

In the words of Amy Schumer (adapted) –

*"I am a woman with thoughts and questions and a lot  
to say.  
I say if I am beautiful.  
I say if I am strong.  
You will not determine my story – I will!!!"*

Following from that strong saying above, it is with great pleasure, that the KPMG Network of Women (KNOW) presents its maiden edition of the KNOW Newsletter where we tell our own stories.



Yes, the bi-annual KNOW Newsletter aims to showcase our successes / achievements professionally and in our personal lives, our strengths in facing everyday challenges, how we deal with thriving in the workplace, providing practical solutions on health, marital, homemaking, mental wellbeing, beauty, fashion, socials, travel, yummy recipes, children upbringing and any other issue that concern us as women, generally.

In this maiden edition, we feature our trailblazing, iconic and inspiring leader who though reached the pinnacle of her career in KPMG as the Head of Advisory division in Nigeria and held several regional roles in Africa, remained humble and passionate about impacting the lives of KPMG women – our very own Bisi Lamikanra, the first female partner and the pioneer Chair of KNOW in Nigeria.

Also, featured are many more juicy pieces on working from home, common health issues, we rarely discuss openly and other social experiences in Lagos. With a plethora of pieces to read, we hope you enjoy this maiden edition.

We are extremely thrilled to present this Digital Newsletter to you in a lovely platter of KPMG vibrant colours, showcasing our courage and determination to be seen and heard. We want to be better and would like to hear from you on matters you want us to include and how to improve subsequent newsletters. Please share your suggestions and contribution on [ng-fmlagosknow@ng.kpmg.com](mailto:ng-fmlagosknow@ng.kpmg.com).

On behalf of the KNOW Steering Committee (SteerCo) and women Partners, I wish you a happy reading.

Bimpe Afolabi



# Meet Your KNOW Partners



Toyin Gbagi  
Partner, Audit-CM  
Chair, KNOW Steer Co



Tomi Adepoju  
Partner, IA&GRCS



Agnes Lutukai  
Partner, Audit Quality



Yetunde Kanu  
Partner, People & Change



Ngozi Chidozie  
Partner, Strategy &  
Customer Solutions



Temitope Onitiri  
Partner, Audit-CM



Toyin Ogunlowo  
Partner, Audit-ENR



Nike James  
Partner, TRPS - FSI  
KNOW Steer Co member



Nneka Eluma  
Partner, Audit - FSI  
KNOW Steer Co member



Ijeoma Emezio-Ezigbo  
Partner, Transaction Services  
KNOW Steer Co member



Bimpe Afolabi  
Partner, Risk Management  
KNOW Steer Co member

# Celebrating an Amazon - Bisi Lamikanra

Phenomenal – is the perfect description for Bisi in one word. If you didn't meet her in the firm, Bisi was a Partner and the Head of Advisory Services in KPMG, Nigeria before her retirement effective 01 October 2020. She also doubled as the Head of the Financial Services Sector across Africa. She was the first female partner in KPMG Nigeria, and she pioneered the KPMG Network of Women (a.k.a. KNOW).

Let's leave googleable (yes, it is a word) facts and focus on her amazing personality. Despite her status and achievements, Bisi is a great persona when it comes to respecting the individual. She is a perfect combination of business heroine and life coach. Her wealth of professional and social experience provides her a rich reservoir of counsel which she pleasantly doles out when needed.

At Bisi's sendoff, everyone who spoke had beautiful and glowing words to say about her. She was termed a trailblazing, iconic, and inspiring leader which she has indeed lived up to. Bisi exudes great confidence and sound knowledge, which leaves an unforgettable mark on every person she meets. What's more, she possesses and displays heartwarming motherly traits which are much needed in the cutthroat business world. Beyond any doubt, KPMG Nigeria is privileged to have this exceptional professional icon as part of its history.

Oh! Has anyone taken note of Bisi's footwears, especially when making a public presentation? Mehn! (or women in this instance, lol) they usually demand a second look. And a third, maybe even a fourth. There's no gainsaying that Bisi is truly an exceptional force to reckon with and a huge inspiration to the women of KPMG.



“

*Bisi is an example of a complete woman. She is hardworking, intelligent and selfless. She was very passionate about the success and development of women in KPMG.*

”

“

*Bisi continues to have a place of significance among the KPMG Nigeria community as one who blazed the trail for women leaders in the Firm and business community.*

”

Wow! What a woman! Who best should be celebrated in the maiden edition of the KNOW newsletter if not Bisi? A phenomenal woman through and through.

# Things That Could Go Wrong While Working From Home

Working from home (WFH) is a new development for us, so we have faced some challenges. Here are some unfortunate and hilarious experiences we have had when things went wrong:



## Distractions

Something a lot of us didn't know we would experience over the last year is going from interacting with our colleagues at the office to regularly managing the needs of tiny colleagues at home – children. They are so powerful that you must drop whatever you are doing and run when they call.



**Tiny Colleagues**

A typical example is Ufuoma's daughter who often shouts from the toilet, "Mommy, I'm done!" and if Ufuoma doesn't show up instantly, she will come looking for her, pants down – even if Ufuoma is in a meeting.

Another scenario is Serena's son interrupting her meeting by screaming into her laptop, "Hellooooo! How are you today?" Yes, everyone at the meeting heard.



These tiny colleagues are also in tune with your phone or laptop (your voice too!), which makes them know just the right time to 'bomb' your call or meeting. You may have been enjoying a moment of relative quiet and you wouldn't hear from them, but once you start that call or meeting, they come visiting.

Good planning, support structure and creativity can help you create an environment where you can fulfil your obligations at work and home. One thing we have learned to do when having meetings, is to first ensure the children are occupied with TV shows, games, or toys; leave strict instructions with their minders; and stay in a locked room.

## Technical Issues

The electric power distribution system in Nigeria is a problem of its own. You can be having an important meeting or making a presentation and lose power. (It can be so annoying, especially when the person on duty at the electric power station is bored and decides to play with the switch.)



# Things That Could Go Wrong While Working From Home (cont.d)

Internet glitches and a faulty laptop are other things that can go wrong. One perfect scenario - Kathryn was in her pajamas one lovely morning, looking forward to an important 12:30pm meeting, when she realized that the mouthpiece of her laptop wasn't working so people couldn't hear her. Pre-WFH, Kathryn would have run to ITS to have it fixed ASAP.

Ensure your laptop is always fully charged whenever there is power supply and have alternate sources of internet connectivity. Send in a WhatsApp chat to ITS if you are offline or get a colleague to send an email on your behalf.



## Needing to Impress

Have you ever felt as though your colleagues or managers don't really think you are working? This makes you feel the need to overcompensate by not having clear boundaries about resumption, closing, taking breaks, and watching TV guilt-free.

Set clear daily KPIs and boundaries for yourself. Communicate with others, especially your manager about when you can complete your work, just as in the office. Remember, rest is vital.

## Lunch or Snack Hour?



It's easy to forget to eat while working from home and when hunger pangs hit, we grab the readily available thing, snacking while working and during meetings. Have you ever eaten chin-chin during a meeting, and you didn't know you were unmuted! Then someone says, "Who is that? What is that noise?" Well, that has happened to one of us, but we won't say who.

Plan your lunch time around your meetings, and if you must snack during the meeting, mute yourself.



//  
She is powerful,  
not because she  
wasn't scared but  
because she went  
on so strongly,  
despite the fear  
//

– Atticus





# Haircare: Bye to Dandruff

Hairllo ladies,

*Life isn't perfect, but your hair can be!*

Thanks to COVID-19, DIY haircare has become part of a collective new normal as women everywhere have learned how to cut and style their hair at home sans the help of professionals. More importantly, how embarrassing could it be when you constantly feel the need to scratch your hair even with your wig on, that awkward moment when dandruff flakes keep falling onto clothing and you find bumps on your hair this can be so distracting, especially inside a public transport or when Mr. Right is just beside you Oh no....

You are not alone.

Here are some natural DIY remedies to try out to reduce dandruff and scalp itching:

**Shampoo more often:** This can help reduce the oils on your scalp.



**Use apple cider vinegar:** Dilute the vinegar with equal parts of water. Use this mixture as a substitute for your shampoo and rinse off after.

**Have a coconut oil massage:** Combine five to 10 drops of tea tree oil with 5 tablespoons of coconut oil. Apply the mixture to your scalp at night and then rinse it off in the morning or if you're pressed for time, just leave it on for 30 minutes and then rinse it off.

**Use baking soda:** Wet your hair and sprinkle 1 tablespoon of baking soda along your scalp. Leave it on for a minute and wash it off.



**Use lemon juice:** Massage 2 tablespoons of lemon juice onto your scalp and let it sit for a minute and wash it off



Next time you start spotting flakes, give a few of these natural remedies a try.

Invest in your hair, It's the crown you never take off....





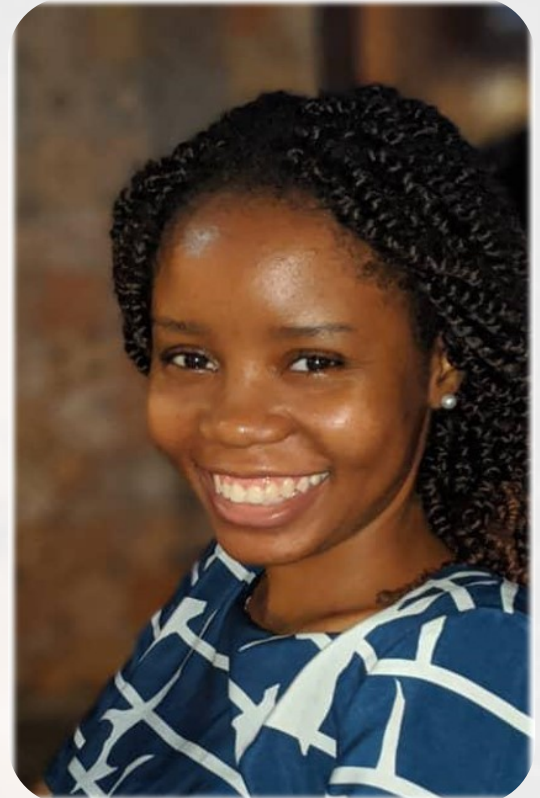
## Employee Spotlight - Damilola Daramola

Damilola is a Senior in the TRPS Division who won several awards including the 1st position in the November 2020 diet of the ICAN exams.

We had a chat with Damilola and here are a few things we learnt which can be applied to all phases of life:

- Having control over your internal environment (emotions and mindset) influences your response to the surrounding situation.
- Trust in yourself, be confident in your abilities, and have a positive mindset because success or failure first happens in the mind before crystalizing into reality.
- Have a strong network of people. Surround yourself with people who motivated you and support your goals, and on days when you are full of doubts, you can rely on your support system for strength and motivation.

To sum it up, you don't need a grand plan to success. Work consistently at the small details that bring you closer to your goals, because they yield huge returns. It's also important to remember that sometimes all you need is to take a step back, recenter and forge ahead.





## Employee Spotlight - Nneka Jethro-Iruobe

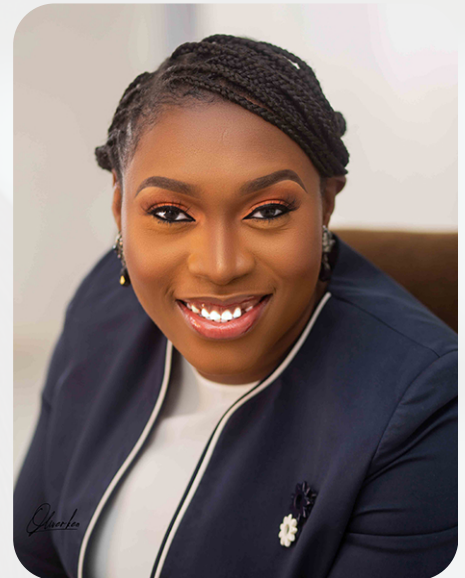
Nneka is a Senior Manager in the Advisory Division who is an advocate for employee happiness. She runs an initiative called the "Happy Employee" which she started in 2019 when she noticed how people struggled with being happy at work and wanted to help them learn to be happy, since employees spend 70% of their waking hours at work. She has written books and hosted several sessions to add value to people in this important aspect of their lives – work.

Nneka was not always a happy employee. When asked how she transitioned from being an unhappy employee to being the Happy Employee Coach, she said

*"I thrived on positive feedback because it reinforced that I was doing something right which in turn made me pay attention to what I was doing. I recognized my (hobbies) interests in my work: I liked training people and when opportunities to train came, I took them."*

Nneka is a Christian, wife, mother, career woman, and writer. How does she successfully balance being all these?

- Understand what an employment contract really is. An employment is partnership not punishment, it is about providing support not slavery. It is employees bringing their incredibly talented gifted self to help employers bring their visions to life.
- Having boundaries. It is important to learn to create boundaries to keep your sanity. It is the ability to separate all your roles and to understand that being able to balance all your other roles contributes to your work productivity.
- Having a very strong WHY is important. Knowing that there are a lot of people I need to help understand why they can be happy at work makes all the sacrifices worth it and getting positive feedback that my message is well received is also encouraging.



If you want to find happiness at work, you need to understand that it is not about how long you've worked or what you earn but because you spend a huge chunk of your life working. Hence, you need to choose to be a happy employee and to fight for your happiness at work. Nneka gives us 5 pillars to help us be happy at work:

1. Dreams – Find ways in the work you are doing to access the dreams that are important to you.
2. Relationships – both in the workplace and outside of work
3. Plan and budget your income properly – Know how and when to sacrifice for your dreams and the things that are important to you.
4. How you relate with your boss – Perform given tasks efficiently & effectively and clearly communicate how you would like to be treated.
5. Your belief system – What do you believe in?





## Employee Spotlight - Olawole Olamiposi

Posi (as she is fondly called) is an Experienced Analyst in the CSD Division who volunteers and offers free legal services to the less privileged. Posi's inspiration to undertake this volunteering project is her passion for fairness and justice advocacy. Considering the set-up of the Nigerian justice system, she got inspired to bridge the gap by offering legal assistance to downtrodden people who would not ordinarily have access to such quality representation.

### **The background**

I first started Legal Aid volunteering while I was studying Law in the University. I joined the "Legal Aid Clinic" to conduct legal awareness programs and offer free legal services to students and community members. This included offering to pay legal fees for people who couldn't afford them and providing free legal representation (police and court bail, defence representation, prosecution assistance, correspondences, etc.) for others. I (and a few of my colleagues) resolved to continue the initiative after school.

### **Balanced scales – work and volunteering**

To be honest, it takes quite some effort to achieve a balance. Fortunately for me, I work with a team of other like-minded individuals who have more flexible schedules and are always willing to take up the baton. Although, I'm more passively involved during workdays and try to catch up with any outstanding duties after work and during the weekends or holidays. All in all, the people I work with help me achieve this balance and make it worth the while.

### **Fulfilment**

I love that I am able to contribute my little quota in making the world a better place. It's humbling to be the reason why an innocent person will not spend the best (or rest) of their years behind the bars, or otherwise be denied their rights – especially with the current state of our justice system.



It's a privilege to be able to use my passion and education to meet people's needs.

### **The joy of volunteering**

I enjoy the exposure, self-satisfaction and joy that volunteering offers. But what I enjoy the most is the sense of fulfilment. I love that I'm able to contribute my quota to make the world a better place, howsoever little. I also feel like I'm paying it forward, one way or the other.

### **Define success**

For me, success is the feeling of satisfaction that comes with living what I call the "well-rounded life." It is excelling in your own space, while also being the reason others excel in theirs. It is in making a positive difference inwardly and outwardly.

### **Parting shot**

At the crux of my being, is the desire to make the world a better place. I believe everyone can do something, give something, to achieve this. Think about this and act on it.





## Employee Spotlight - Adebola Akinsulire

Some people are exceptional not because they were born on a certain day, at a specific time, or into a particular family, but because of the value they place on themselves and others, and it is in this selfless giving of themselves that they find fulfillment. This is the case of Adebola Akinsulire, and that is what distinguishes her.

Adebola Akinsulire, fondly called Debolly, is a Senior Manager in the Financial Services Unit of the Audit Division. In this feature, Adebola introduces us to her world of employee representation in the work environment, particularly through her love for interacting with people.

Adebola has quite the reputation of being outstanding in every sense of the word, not just for her benefit, but also for the benefit of those around her, inside and out of the work environment. In this regard, we centre this post on Adebola being known in her unit as a “people person.”

The KNOW team spoke with Adebola to learn about what keeps her grounded as well as how she motivates others, and this is what she had to say:

**KNOW:** If you could pick one of KPMG's values and make it a book about life, what value would it be, and why?

**Adebola:** Excellence. The pursuit of excellence has sometimes kept me going and pushed me beyond uncountable limitations.



**KNOW:** What are the major challenges you faced in representing people?

**Adebola:** Although I love advocating for people, it is sometimes time consuming. In other instances, I encounter people who are not supportive. One thing I can tell you, however, is that I do not give up, no matter what the challenge is.

**KNOW:** These few minutes spent trying to learn more about you has been wonderful. What words are you leaving us with?

**Adebola:** I am humbled by the honor bestowed upon me by this spotlight; thank you very much. In closing, whatever good thing that your hand finds to do, please do it with all diligence and commitment. Remember, when zero is multiplied by any number, even a billion, it remains zero; but when zero changes to any other number, and multiplied, the output will be positive. Even 0.1 multiplied by 365 is a good number.





//

To tackle the challenges of the twenty-first century, we must empower women and families. If we do not lift up women and families, everyone will fall short.

//

– Kamala Harris



# I Don't Want To Talk About It :A Conversation About PCOS and Endometriosis

In the quest to gather more information and enlighten women about some health conditions women don't talk about, the KNOW Editorial Team spoke with Tade (real name withheld) who was happy to share her experience having PCOS and Endometriosis.

Polycystic Ovary Syndrome (PCOS) and Endometriosis are two painful disorders that women experience but are not talked about enough. Endometriosis is a painful disorder in the endometrium (the tissue that lines the uterus) grows outside the uterus, on the organs of the body while PCOS is a hormonal imbalance that affects women, giving them higher than normal amounts of testosterone (the male hormone).

**KNOW:** What would you like to tell us about your experience with PCOS?

**Tade:** I didn't know I had either condition, but I experienced more symptoms from endometriosis. I could attribute my difficulty losing weight and my rapid weight gain to the PCOS, and some other symptoms to endometriosis.

**KNOW:** How did you know you had PCOS? Were you diagnosed?

**Tade:** I started experiencing painful menstrual periods right from secondary school and this escalated over time. My periods were also irregular and would last a long time. At the time, I used Dolometa B, a strong diclofenac drug, to deal with it. However, the pain intensified by my 2nd year in the university. In fact, the pains were so severe that I would vomit and get admitted at the hospital for several days. During that period and till December 2016, the doctors thought it was either appendicitis or hernia.

Let me quickly mention that this condition needs a laparoscopy (an outpatient surgical procedure) to be diagnosed properly. So, I had a laparoscopy in December 2016 when it was discovered that I had a cyst and endometriosis. I had gained even more weight at that time.



**KNOW:** What sort of symptoms do you experience? Were they painful?

**Tade:** Yes! Chronic lower back pain, pain from my navel to my lower abdomen. I also have intense menstrual-like pains (which was not dysmenorrhea, as they could come at any time). During my period, I usually have multiple blood clots and heavy bleeding. This condition also affects my movement and ability to work, causes nausea, a swollen and hard stomach, and painful sex.

The pain gets so bad at times that I would find myself crawling. Other times, I wouldn't feel relief till I'm injected. My doctors started me on Zoladec, an injection on the stomach used to manage endometriosis and breast cancer. Due to the nature of this injection, I could only use it for six months. I have also been using contraceptives for almost four years because the pain is so unbearable, and it would last for days even after my menstrual period was over.



# I Don't Want To Talk About It :A Conversation About PCOS and Endometriosis (cont.d)

**KNOW:** Have you ever thought of how this could affect your fertility or pregnancy?

**Tade:** I remember being downcast about the whole thing for a while and got scared when I read about the possibility of having fertility issues. However, I am optimistic because there are people with this condition who have gotten pregnant and had their children without issues – two women I know personally, and celebrities Tia Mowry and Halsey whose stories I'd read. Knowing this has been incredibly affirming to me.

**KNOW:** What remedy do you take/undergo to manage your PCOS?

**Tade:** This year, I did another laparoscopy. This was not prescribed, I had to do it to burn off as much of those deposits as possible. It is a way of managing the pain since the condition has no cure. Eating right and maintaining a healthy weight also helps.

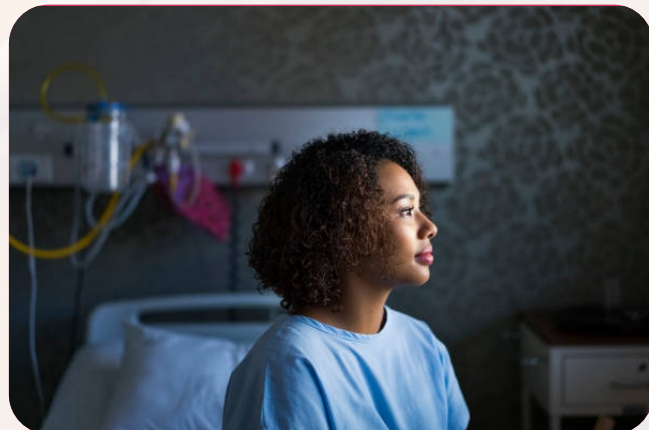
**KNOW:** How would you advise women based on what you have learned from your experience?

**Tade:** Menstrual cramps are usually expected but if it starts to affect your daily lifestyle, see a gynecologist.

The condition does not have a definite rule because some women have had multiple and large deposits in their ovaries or uterus and experienced little to no pain, while others have had small or tiny deposits with intense pain and lots of facial hair.

I would also advise that women should confide in HR or their boss if diagnosed with endometriosis. This will enable them manage

work expectations and receive the all the required support at the workplace.



## **KNOW says...**

Though sharing anonymously, we appreciate Tade for telling her story, which has no doubt been enlightening and we encourage you to do same – you just might be saving a life.

If you know someone who has physical or mental health issues, please reach out to the KNOW Working Group on The 0000-HOTLINE. or email us on [ng-fmlagosknow@ng.kpmg.com](mailto:ng-fmlagosknow@ng.kpmg.com)

We will ensure you get the right support at work



//

Amazing things happen  
when women help other  
women.

//

– Kasia Gospos







# Social Experiences in Lagos

Ever wondered to yourself – “what else can I do to relax in a city like Lagos”?

Lagos is well known for great restaurants that spring up in our faces every now and then and perhaps you have tried most of them and are now looking for other experiences in Lagos? We have you covered.

In the popular words of a Nigerian philosopher “try dey enjoy, problem no dey finish” and with this charge, we bring you some fab experiences to try out with your loved ones.

## Open Mic at Bogobiri Lagos



Looking to explore more local vibes in Lagos? You might want to check Bogobiri Lagos. Located in the heart of Ikoyi, Bogobiri keeps serving all the Afrocentric vibes.

Albeit primarily a hotel for the adventurous Lagosian, Bogobiri is home to an art gallery and restobars (restaurants and bars in case you were wondering) and has so much more to offer in the arts and entertainment sphere.

The location is always buzzing with art events, live band performances, spoken word showcase and karaoke events. They also offer interesting art classes.

For the soulful and artsy ladies, nothing bad happens at Bogobiri, just good vibes all the way.

In our usual advice, please try them out and let's know what your experience was!

## Fair Acres – An idyllic Setting



Thinking about a fun outdoor experience? Fair Acres is a perfect option!

An exclusive member's country club located in Lekki – beautifully parading a host of leisure terrains including a 5-a-side football pitch, squash, etc. – ouuu you might be planning a friend's proposal - a splash creek, an interactive fountain, paddle boat rides, zipline, bicycle and scooter trail, a bistro café to mention but a few!!

Try it out and tell us what you think!

## Sip and Paint at The Metaphor



Thinking of ways to channel your inner Leonardo da Vinci? (Or Michelangelo)? Then we suggest you book a slot at the **Metaphor Lagos** for a Sip and Paint Session with friends and family.

Guided by an art instructor, you get to work on creating your very own masterpiece while unwinding with a glass of wine and snacks on the menu

Follow @themetaphorlagos on Instagram for updates on the next painting event.



# New Restaurants on the Block

Thinking of safe, pleasant restaurants that offer the ultimate dining experience? Walk with us (\*wink\*)

**Spades Restaurant and Lounge** located at Freshforte Go (an ultra-modern store that recently launched in Lekki, Lagos) has a setting that transports you right into the Amazon once you step in. It doesn't stop there, Spades is also completely kills it in both food AND ambience.

Totally recommended for a time out with family, friends, and colleagues!



Rating: 7/10

**The Observatory** - Lagos a fancy new smokehouse restaurant in Lekki for the "grills" fans. They also have other options for pasta and plain old burger lovers and the view at night is absolutely a must see! The Observatory may not be best option for a quiet romantic date night for two but you will sure have a great time here with friends.



The observatory is however NOT a good choice for a quiet & romantic date night with your partner, as the table setting, and structuring is more suitable for a time out with friends.

**SLoW Lagos** is self-described as a tropical brasserie located at the Temple Muse in Victoria Island and offers a menu infused with Latin-American influences.

SLoW is perfect for landmark celebrations, a fancy date night or a time out with friends.



Rating: 8/10

Not interested in being a social butterfly or getting out of the comfort of your home? No worries, we've still got you (Run us our cool coins) !!

## Join a vibrant virtual book club

From our desk, happy noisemakers book club and SBC book club are our top recommendations to you.



You can sign up here - [Book Club | Happy Noisemaker](#)

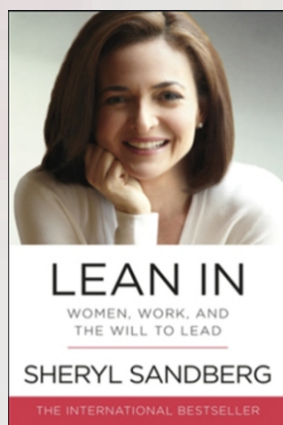
Or follow [@happynoisemaker](#) / [@sbc\\_bookclub](#) on Instagram





# The Reading Wall

This section is for your weekends or nights in, when you want time to yourself to relax or cool down after a long day or weekend. For our book-loving women, check out five books to help you to stay motivated and choose joy on harder days, to empower you in the workplace, to put yourself first and to keep you entertained.



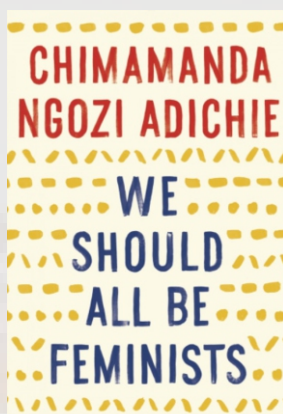
## **Lean In: Women, Work, and the Will to Lead – by Sheryl Sandberg**

Sheryl Sandberg, COO of Facebook, writes this thought-provoking book to start a conversation about how women can make small changes to assert themselves in the workplace. The book is based on Sheryl's personal experience (from when she worked at Google, the United States Treasury Department, McKinsey & Company etc.) and that of other women. It relates to women speaking confidently about equal pay, maternity and being able to shift our thinking from, "I'm not ready to do that" to "I want to do that — and I'll learn by doing it



## **Love in Color: Mythical Tales from Around the World, Retold – by Bolu Babalola**

Bolu writes about love in the most colourful way, incorporating Greek mythology, Nigerian folktales and Middle Eastern legends in vibrantly, to get you thinking about all forms of love. This anthology (collection) of love stories offers tales about romance from the perspective of various ancient cultures around the world. Don't you want to know about the difference in how love is celebrated in Ghana versus South Asia?

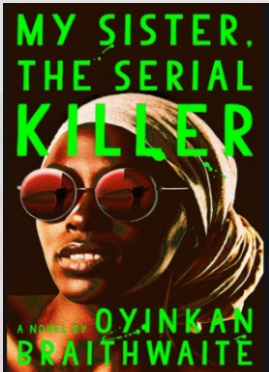


## **We Should All Be Feminists – by Chimamanda Ngozi Adichie**

If you are a Beyonce fan, you already know a good part of Chimamanda's feminist speech that is on Beyonce's 2013 song Flawless. We Should All Be Feminists is an eloquent essay, which expands on that speech, telling us what Feminism in the 21st Century should entail – ensuring there is awareness of the social, economic and political value of women just like men. If you agree that a better world is one where a woman's right is just as important as a man's, this book is for you.



# The Reading Wall (cont.d)



## **My Sister, the Serial Killer** – by Oyinkan Braithwaite

No one expects a book with this title to be humorous, but it is. Oyinkan Braithwaite writes this wild, sarcastic and funny book about two sisters with very different personalities...and one personality is illegal. Without giving too much away, we'll say one sister is responsible, while the other is the problematic ugly-duckling of the family. If the title intrigues you, you should get this book and popcorn – it will grip your attention till the end.



## **Big Magic: Creative Living Beyond Fear** – by Elizabeth Gilbert

Elizabeth Gilbert is a fun and motivational writer. If you read or watched her most-popular work – Eat Pray Love, you will know that once you read this book, you will feel inspired. Big Magic is the book that teaches you to reveal your creativity and tackle everything you have ever wanted in life. Have you ever thought about writing a book, starting a garden, becoming more fit, traveling the world or even baking a cake? Once you read this book, you will be encouraged to put your best foot forward to try any project that piques your interest.



# KNOW Working Group



Anne Adeniyi-Faleye  
Senior Manager,  
Forensic



Bukky Akinsemoyin  
Manager,  
Clients & Markets



Elizabeth Olaghere  
Senior Manager,  
TRPS



Hellen Onokpite  
Supervisor,  
Clients & Markets



Onyinye Okere,  
Associate Director,  
Audit

## Credits

Published by :  
KPMG Network of Women – Nigeria

## Editors



Pamela  
Egbeogu



Serena  
Mordi



Ufuoma  
Edward-Ating

## Writers



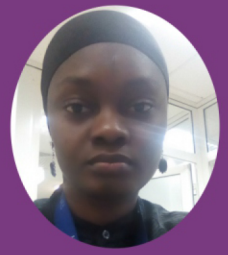
Kathryn  
Ani-Otoibhi



Bolanle  
Abiru



Temitope  
Folajin



Ronke  
Salam



Akaoma  
Osele



Oyindamola  
Olatunde



Mosopefoluwa  
Asiwaju

## Designers



Bolanle  
Abiru



Kome  
Mallam-Obi