



Trust, Attitudes and Use of Artificial Intelligence: A Global Study 2025



Societal indicators

Trust and acceptance

34%

willing to trust Al

48%

accept or approve of AI

New Zealanders are more worried than optimistic or excited about Al

Responsible Al

- 81% believe AI regulation is required
- 6% aware of AI regulations and policies in their country
- 23% believe current safeguards are sufficient
- New Zealanders expect a comprehensive regulatory approach to AI

Al benefits

66%

expect AI to deliver on a range of benefits

54%

personally experienced or observed benefits from Al use

Top benefit: 69% report improved efficiency from AI and reduced time spent on mundane or repetitive tasks

Al-generated misinformation

- 75% unsure online content can be trusted as may be Al-generated
- 51% concerned elections manipulated by Al-generated content or bots
- 89% want laws and action to combat Al-generated misinformation

Al risks

44%

believe risks of
Al outweigh the benefits

76%

concerned about negative outcomes from Al

personally experienced or observed negative outcomes from AI

Top risk:

59%

report experiencing the of loss of human interaction and connection due to Al

Al literacy

36%

feel they have the skills and knowledge to use Al appropriately 24%

have formal or informal training in Al or related fields

48%

feel they can use Al tools effectively

Workplace indicators

Al in the workplace



employees report their organization uses AI



intentionally use AI at work

Worker reliance on Al

31%

felt they couldn't complete their work without the help of Al **37**%

relied on AI to do a task rather than learning how to do 43%

concerned about being left behind if they don't use Al at work

Complacent use of Al

34%

used AI at work in inappropriate ways

46%

made mistakes in their work due to Al

34%

used AI in ways that contravene policies and guidelines

51%

relied on AI output at work without evaluating its accuracy

Reflections of employee beliefs about their organization

43%

presented Al-generated content as their own

Impacts of AI on work

43+%

report increased efficiency, quality of work, and innovation



31%

report increased revenue generating activity

However,

15+%

report increased workload, stress and pressure

24%

Al has increased compliance and privacy risks

32%

report key aspects of their work can be performed by Al

Al governance at work



have an Al strategy

44%

provide training in responsible AI use





have policies and practices governing responsible use







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The University of Melbourne research team led the design, conduct, data collection, analysis, and reporting of this research.

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