

Adopt: Improve outcomes for patients and user satisfaction through data-driven insight

The best innovations that will impact healthcare

In recent years, advancements in technology and scientific research have paved the way for ground-breaking innovations that are set to transform the healthcare industry. From improving patient care and outcomes to enhancing efficiency and accessibility, these innovations have the potential to revolutionise the way we approach healthcare. Here, we will explore some of the best innovations that are poised to make a significant impact on healthcare.



Artificial Intelligence (AI) and Machine learning

Artificial Intelligence and Machine
Learning have emerged as powerful
tools in healthcare. Al algorithms can
analyse vast amounts of patient data to
identify patterns, detect anomalies, and
make accurate predictions. Machine
Learning models can aid in diagnosing
diseases, personalising treatment
plans, and predicting patient outcomes.
These technologies have the potential
to improve diagnostics, optimise
treatment decisions, and enhance
overall patient care.



Telemedicine and remote monitoring

Telemedicine and remote monitoring technologies have gained significant traction, especially in the wake of the COVID-19 pandemic. These innovations allow healthcare providers to remotely deliver care, monitor patients' health conditions, and provide consultations via video calls or secure messaging platforms. Telemedicine reduces the need for in-person visits, increasing access to care, particularly for individuals in remote areas or with limited mobility. Remote monitoring devices enable real-time data collection. allowing healthcare professionals to monitor patients' vital signs and intervene promptly when necessary.



Precision medicine

Precision medicine is an innovative approach that takes into account individual variability in genes, environment, and lifestyle to tailor treatment plans and preventive measures. Through advancements in genomics and molecular diagnostics, healthcare providers can identify genetic markers and predict disease risks. This knowledge helps in designing personalised treatment strategies, optimising drug selection, and minimising adverse effects. Precision medicine holds the promise of improving patient outcomes, reducing healthcare costs, and advancing the field of preventive medicine.



Blockchain technology

Blockchain technology, originally known for its association with cryptocurrencies, is now making waves in healthcare. Blockchain provides a secure and decentralised platform for storing and sharing medical records, ensuring data integrity, privacy, and interoperability. It can streamline the sharing of patient information across healthcare providers while maintaining data security. Blockchain can also facilitate clinical trials, supply chain management, and the authentication of medical devices, enhancing transparency and trust in the healthcare system.



Robotics and automation

Advancements in robotics and automation have the potential to transform healthcare delivery. Robots can assist in surgical procedures, increasing precision, reducing invasiveness, and improving patient recovery times. Automation of routine tasks, such as medication dispensing, lab testing, and administrative processes, can enhance efficiency and reduce human error. Robotic process automation can also streamline workflows, freeing up healthcare professionals' time for more complex tasks and patient care.



3D printing

3D printing technology is opening up new possibilities in healthcare. It allows for the creation of patient-specific implants, prosthetics, and surgical models, enabling personalised and precise interventions. 3D printing also facilitates the production of custom drug formulations, reducing medication dosage errors and improving treatment adherence. This technology has the potential to revolutionise patient care by providing tailored solutions that match each individual's unique needs.

Thomas Jordan

KPMG in the UK

Cyber Senior Manager

E: thomas.jordan@kpmg.co.uk

Paving the way for transformative change

The healthcare industry is on the brink of transformative change, driven by innovative technologies and scientific breakthroughs. The advancements mentioned above, including Artificial Intelligence, telemedicine, precision medicine, blockchain technology, robotics, and 3D printing, are poised to reshape healthcare delivery, improve patient outcomes, and increase accessibility. These innovations hold immense promise in enhancing diagnostics, treatment efficacy, and patient experience while optimising resource utilisation.

Embracing and adopting these innovations in a responsible and ethical manner will be crucial for healthcare organisations to stay at the forefront of the evolving healthcare landscape and provide the best possible care for patients worldwide.



Contactus:

Rajvir Cheema

Partner, Digital Healthcare Advisory

KPMG in the UK

E: rajvir.cheema@kpmg.co.uk

Richard Krishnan

Partner, Technology and Cyber Risk

KPMG in the UK

E: richard.krishnan@kpmg.co.uk

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