



# KPMG Prom Relay 2026

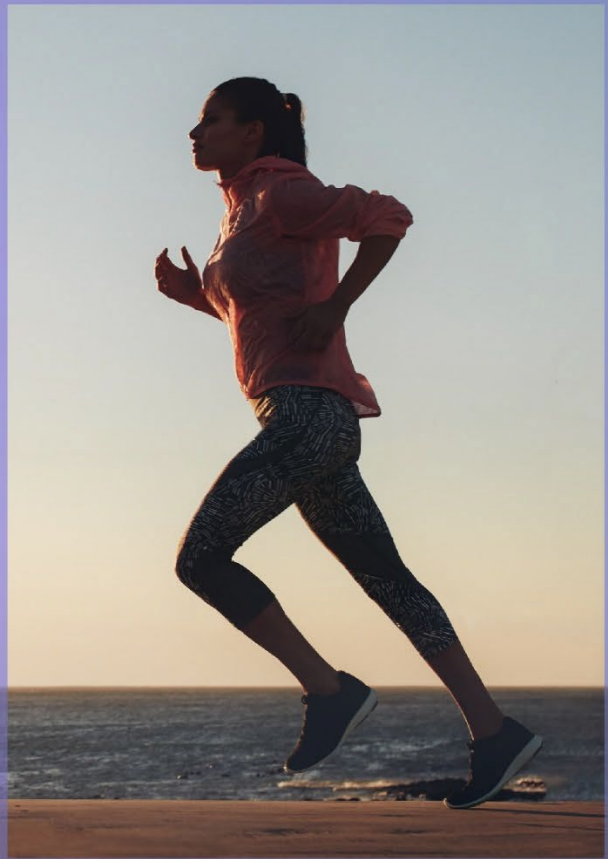
Friday 10 July 2026

Loch Promenade, Douglas



## In support of Isle Stand up to Suicide

Every penny raised by this wonderful charity stays on the Island and is spent to help prevent suicide by providing a phone helpline, which anyone in a suicidal crisis can call. In addition, this charity provides counselling and expert Question, Persuade, Refer (QPR) training. So far Isle Stand up to Suicide have trained hundreds of people in suicide prevention and has recruited multiple volunteers to support the free helpline; however, work must continue to fund-raise to ensure that the services provided are of the highest standard.



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# Event Information

Our highly anticipated Promenade Relay this year is in aid of a fantastic local charity, Isle Stand up to Suicide, which aims to provide support for those who find themselves in a suicidal crisis in the Isle of Man.

All funds raised for the KPMG Promenade Relay event will be donated to Isle Stand up to Suicide.

## Race entry

To enter the race, please visit <https://my.raceresult.com/398013>. Online entries only. Entries close at Midnight on 08 July.

## Team entries

### Pre-race sign on from 5pm:

- Teams will be timed using timed baton technology, provided by Manx Timing Solutions.
- It is essential that the first runner from each team attends the sign on tent at the Start/Finish line, located near the Bottleneck car park on Loch Promenade.
- Each team has a specifically allocated baton which they must pass to their team members within the transition zone at the Start/Finish line.
- Please note, it is essential that you retain the baton issued to you, as it has been pre-programmed with your team's details.

### The race:

- The race will start at 6:00pm from Loch Promenade.
- For teams of 4 people, each team member will run one leg of the prom. Two members will run from the start/finish at the Sea Terminal end of the Prom to a station at the Summerland site and the other two will run from the Summerland site to the Sea Terminal (2.5km each).
- For teams of 2 people, each team member will run two legs of the prom, from the Sea Terminal to the Summerland site and back (5km each).

### Post-race:

- Please place your batons in the collection bin provided at the finish line as they are expensive.
- Winners will be announced on KPMG's social media pages following the event.

## Solo entries

### Pre-race sign on from 5pm:

- Solo runners will be timed using chips which can be attached to their shoe.

### The race:

- Solo runners will set off at the same time as the main relay event (6:00pm). They will run two legs from a station at the Sea Terminal end of the Prom to a station at the Summerland site and back (5km).

### Post-race:

- Our marshals will help you remove the chips and cable ties at the end of the race.
- Please place the timing chips in the collection bin provided at the finish line as they are expensive.
- Winners will be announced on KPMG's social media pages following the event.

## Race timing

Manx Timing Solutions will time the event using chipped devices. The system is very easy to use with timing mats located at each end of the Prom, which will be clearly marked and marshalled.

## Marshals

Please note that the Prom will be closed to vehicles; however, it will remain open to the public so please be mindful of other users, especially children.

The race will be clearly marked with cones and barrier tape at the start/finish and at the Summerland site. There will be clearly recognizable marshals in place throughout the event.

Please listen to any instructions given by marshals, as they will be assisting with the security of both the competitors and the public.

## First Aid

St. John Ambulance will be present throughout the event to provide first aid cover. In the event that St John Ambulance cannot be present, first-aid trained marshals will be available.

## Transport

Parking facilities will be available at the Shaw's Brow, Bottleneck, and Chester Street car parks.

## Photographs

Please be aware that photography and filming will take place during this event.

By attending/participating in the event, you give your consent to having your photograph and video taken at the event, which may be used for press releases and printed publicity, and may be published online.

KPMG in the Crown Dependencies reserves the right to use any and all participants' names and/or likeness with regard to promotional and/or advertising materials.

## 2026 Sponsors:

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