

Trust, attitudes and use of artificial intelligence: A global study 2025

Poland insights

Societal indicators

Trust and acceptance

41% willing to trust AI

77% accept or approve
of AI

The Polish are both optimistic and
worried about AI

AI benefits

87% expect AI to deliver on a
range of benefits

66% personally experienced
or observed benefits
from AI use

Top benefit: **76%** report improved
efficiency and accessibility from AI

AI risks

30% believe risks of
AI outweigh the benefits

82% concerned about negative
outcomes from AI

38% personally experienced or
observed negative
outcomes from AI

Responsible AI

- 59% believe AI regulation is required
- 10% aware of AI regulations and policies in their country
- 47% believe current safeguards are sufficient
- The Polish expect government regulation and co-regulation with industry, as well as international regulations and laws

AI-generated misinformation

- 69% unsure online content can be trusted as may be AI-generated
- 54% concerned elections manipulated by AI-generated content or bots
- 86% want laws and action to combat AI-generated misinformation

Top risk:

54%

report experiencing
misinformation and
disinformation due to AI

AI literacy

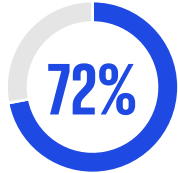
54% feel they have the skills
and knowledge to use
AI appropriately

29% have formal or
informal training in AI
or related fields

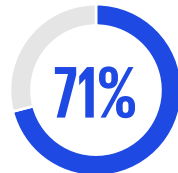
60% feel they can use AI
tools effectively

Workplace indicators

AI in the workplace



employees report their organization uses AI



intentionally use AI at work

Worker reliance on AI

34%

felt they couldn't complete their work without the help of AI

45%

relied on AI to do a task rather than learning how to do

49%

concerned about being left behind if they don't use AI at work

Complacent use of AI

46%

used AI at work in inappropriate ways

55%

made mistakes in their work due to AI

45%

used AI in ways that contravene policies and guidelines

65%

relied on AI output at work without evaluating its accuracy

50%

presented AI-generated content as their own

Impacts of AI on work

54+%

report increased efficiency, quality of work, and innovation



50%

report increased revenue generating activity

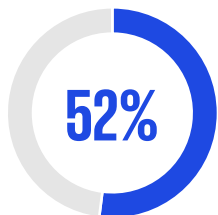
However,

26+%

report increased workload, stress and pressure

AI governance at work

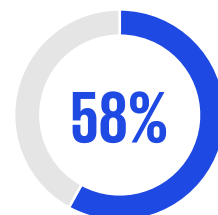
Reflections of employee beliefs about their organization



have an AI strategy

56%

provide training in responsible AI use



have policies and practices governing responsible use

31%

AI has increased compliance and privacy risks

34%

report key aspects of their work can be performed by AI



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The University of Melbourne research team led the design, conduct, data collection, analysis and reporting of this research.

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